

THINGS, PEOPLE & ART

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A composition of most of the ingredients. Read more on page 10. Photo by Simona Carini

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Sasquatch Atlas. Illustrated by Dave Brown



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SEPTEMBER

FRIDAY
20

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Giveaways, Groovy Tunes & Chill Vibes

SATURDAY
21

808
Motown, R&B

TUESDAY
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KARAOKE w/ DJ Marv

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28

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NCJ MAILBOX

‘Measure F is Right’

Editor:

Your editorial on Aug. 15, “VTY, Not Rob Arkley,” got one thing right: “Ultimately, it will be up to Eureka to decide what happens downtown.” Voters will get to vote yes on Measure F and be a city that brings more housing downtown and to Jacobs without destroying small businesses like mine in the process.

Let me be clear: Rob Arkley and I are not friends, not colleagues, we don’t share political views. This issue is bigger. It is about the future of our city, for my family, my business and many other small local businesses.

As a proud pro-housing advocate, I am voting yes on Measure F because I have actually read it. What matters is what the measure will do for small businesses and the future of our city. Measure F is right for Eureka because it is pro-housing and pro-small business. The city needs this.

Linden Tyler Glavich, Eureka

‘No on F’

Editor:

Like two recent letter writers to the NCJ (Mailbox, Sept. 12), I love the character of Old Town Eureka — which is why keeping it vibrant and alive, whether through Friday Night Markets or building more affordable housing, is so important to me. The anti-housing Measure F is counting on deceit and a whole lotta billionaire money (more than \$1 million so far) to win. I’m confident that Eureka see through the fraud. If you support housing, vote No on F.

Erin Kelly, Eureka

‘Genocidal’

Editor:

What if you could stop a prolonged military attack with a phone call? Someone can: Joe Biden (Mailbox, Aug. 29).

The attack I’m referring to is the genocidal attack on the Gaza Strip. Genocidal is the only word that accurately describes what’s going on there. The Israeli military is destroying health centers, schools, religious centers and the actual buildings that people live in. Fifty percent of the buildings that 2 million Palestinians have lived in have been destroyed, thanks, in part, to massive 1,000- and 2,000-pound bombs supplied by the U.S. government. In general, over 130,000 bombs and missiles have been dropped on Gaza. Clearly, Netanyahu wants to make Gaza uninhabitable. Additionally, 165 Palestinian journalists have been killed. The prestigious British medical journal, *The Lancet*, wrote recently that the actual death count could be over 186,000 if indirect deaths due to a lack of medical care, food, water and shelter are included.

So why is our government supplying weapons, intelligence, diplomatic cover and military back-up in this attack? Noam Chomsky has said that Israel is a forward base to project U.S. power in the Middle East. Support of Israel, support of the oil monarchies and anti-Iranian policies are three pillars of maintaining U.S. dominance in the Middle East, thus keeping it safe for U.S. and European investors. Arms makers also profit handsomely when there’s a war. There’s also AIPAC, a powerful lobbying organization, which provides money to legislators and lambastes those that don’t submit.

Alas, we have two presidential candidates to choose from, but both want to keep the weapons flowing to Israel. Isn’t our two-party duopoly (“democracy”) great!

Go to democracynow.org or watch *Democracy Now!* on KEET TV at 6 p.m. for on-the-ground reports that you won’t find on the major corporate networks.

Unfortunately, Joe won’t be making that phone call.

David Ross, Eureka

‘Shooting Ourselves in the Foot’

Editor:

I read with interest the articles written by Thadeus Greenson, and I’m always amazed at how much environmentalists want to tear down everything that sustains human life (“The River Runs Free,” Sept. 12). At a time in California’s history when there is an unprecedented demand for electricity, we are conducting the greatest hydroelectric dam removal in American history. We’re supposed to feel good about this because we’re restoring fish habitat but when we need the electricity the most we’re shooting ourselves in the foot.

These dams provided power for 70,000 homes; they produce 750,000 MWh each year. We could’ve easily built fisheries on the Klamath and put in fish ladders, and then whatever it took to help the fish and still maintain electrical power to the population of Northern California. It blows my mind to see how quickly we’re doing everything we can to just turn where we live into a basic wasteland. How are we go-

When Fish Call

Every year, an old friend visits,
Knocking on the morning door
Before the chickens go out.
Just for a day,
Maybe two.

The old rivers of light and heat,
Much alive, cry
In their thirst for night,
With the promises of fading evenings liquored
In the scent of blackberries,
Gone stale and forgotten in the hot afternoon.

This crooked summer:
Like wilting vines on a broken arbor,
Motionless, as they cling fast
To the memories of serpentine edens.

— Sam A. Flanagan

ing to replace the loss of electrical power that supplied what was needed for 70,000 homes? Instead of building new dams and power stations, we are tearing them down. The proposed gigantic offshore windmills are a huge gamble on untested technology. They will cost billions, but hey, they’re green! Our county budget is millions of dollars in the red. That’s what happens when county political decisions are driven by environmental extremism. Our timber and fishing industries have been destroyed by environmental litigation and legislation. Oh, but there’s always weed, right?

Omberto Silva, Rio Dell

‘Ideological Bragging Rights’

Editor:

Thanks for reporting on the Diablo Canyon issue now facing Redwood Coast Energy Authority (“RCEA Ponders Nuclear Power,” Sept. 12).

In an effort to keep our state’s fossil fuel emissions down, California’s utility regulators have decided to keep the Diablo Canyon nuclear plant running until at least 2030. That means PG&E is now offering free electricity from Diablo Canyon to jurisdictions like ours. It’s not as if what comes across our transmission lines will vary depending on our answer; it is purely an accounting entry. The plant will generate the same amount of radioactive waste whatever we say. We pay to subsidize Diablo Canyon’s operations either way. The question is, “Do we want Humboldt to get some free electricity, or would we prefer it

go somewhere else?” Same electrons, same transmission lines, same facility operation regardless of our answer.

This past year, 14 Republican governors rejected food for hungry school children that the federal government offered to make available at no cost to their states. They preferred ideological bragging rights over feeding hungry children in their states. I'd thought we were better than that, but if we reject free electricity to be able to brag that ours is “nuclear free,” we're no better than those governors.

This is not a question of being pro-nuclear or not. It is a question of which is more important: ideological bragging rights or lower costs for citizens.

Mitch Trachtenberg, Trinidad

‘A Postscript’

Editor:

A postscript to Thadeus Greenson's story on Aaron Bjorkstrand (“Freeing Aaron Bjorkstrand,” Aug. 22), the cover story man rescued from prison: Leonard Peltier, who has special significance for Humboldt County. When Julia Butterfly was tree-sitting Luna, Leonard sent her a congratulatory plaque he had carved in prison. This was an occasion for a huge demonstration in Stafford: Julia stood perched on her 200-foot treetop, swaying in the wind, while speakers read his letter from an adjacent ledge. A forest defender carved a eulogizing plaque in return, and we delivered it to Leonard in Lawrence, Kansas, on a bicycle trip across the U.S. to Washington to protest the war

Leonard has been imprisoned, much of the time in solitary, for 48 years. He is the victim of an “FBI-family vendetta” against the American Indian Movement, AIM. Despite incarceration, he has continued to lead the struggle to claim the rights and restore lands and culture of indigenous peoples, and champions human rights everywhere. He just turned 80 and is in terrible health. He can't even take a shower because the system insists on handcuffing him, so he can't use his walker to get there.

Leaders like Mandela, Tutu, Mother Teresa, U.N. High Commission of Human Rights, the I.C.C., have pleaded for clemency, but implacable presidents have so far been intimidated by the FBI. As with Aaron, our rigidly punitive prison system has an iron grip on him.

Ellen Taylor, Petrolia

‘Thanks to Rehab’

Editor:

As a former patient of St. Joseph's Acute Rehab Unit, I recommend that Providence keep this much needed facility open (NCJ Daily, Sept. 12).

The illogic of Providence's proposal to close the unit was reported in Thadeus Greenson's Sept. 10 article: “Providence just successfully lobbied to buy more time to meet seismic standards, only to now claim that it has no choice other than to close medical services that Humboldt County residents have depended on for decades.”

Outsourcing rehabilitation services to Brius, which has long been known for shoddy care, neglect of patients and fleecing taxpayers' Medicare dollars for services never delivered, is not a responsible option.

I was admitted to rehab in 2021 after hip and knee fractures. It was an intense experience that paid off. At age 74, I had to learn to walk again and take care of my basic needs. Everyone in the unit, doctor, nurses, aides, therapists, social workers, were positive, kind, encouraging and worked hard to support me.

My first efforts to stand up were unsuccessful. I was advised, “If you can't stand and walk, and use the bathroom on your own by the end of this two-week session, you'll need to go to a nursing home.” Brius' dismal reputation gave me a powerful incentive to recover.

Daily physical therapy sessions tested my limits, pushed beyond, and built up my stamina. Therapists advised me and my family what home modifications I would need, medical equipment, where to get it and how to use it.

Equally important was care after discharge. Therapists and nurses came to my home to provide follow-up. Thanks to Rehab, I am again independent, and contributing to the economy and the culture.

Providence may prioritize its CEOs' profits, but we who live here and care about quality of life need rehab services that actually work.

Fran Ransley, Eureka

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday.

Write an Election Letter!

The *Journal* will accept letters endorsing specific candidates or measures in the Nov. 5 election until 10 a.m. Oct. 11. Election letters must be no longer than 150 words and must otherwise follow the guidelines outlined above. ●

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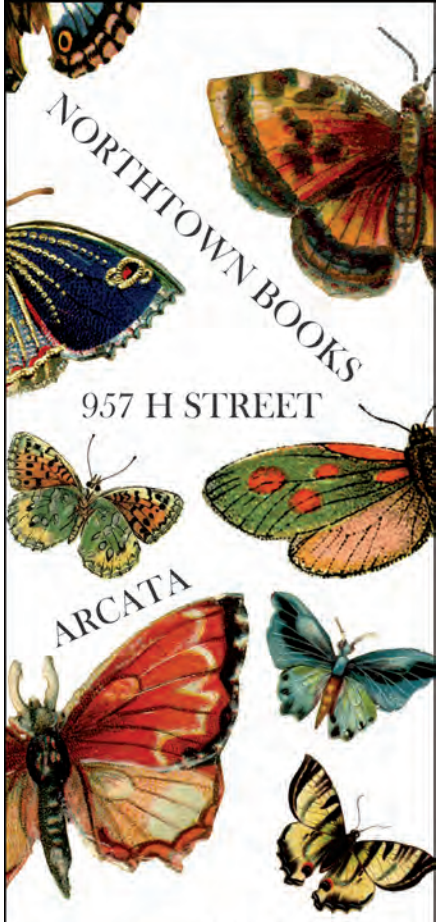
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‘Bringing Balance Back’

Coastal Commission approves Wiyot plans to restore ceremonial structures on Tuluwat Island

By Thadeus Greenson
thad@northcoastjournal.com

The Wiyot Tribe’s plans to restore ceremonial structures on Tuluwat Island took a big step forward this month, when the California Coastal Commission voted unanimously to approve a coastal development permit amendment, clearing the path for construction.

The project will be implemented in three phases, with the first including construction of two ceremonial dress houses and a temporary ceremonial dance wall, as well as construction of a temporary dock that can be used to aid construction and during ceremonies. Phase two will see the installation of a vault toilet on the site, while the third phase will include the demolition of an existing shed and construction of a dining facility in its footprint. The entire project is aimed to support the tribe’s annual World Renewal Ceremony, as well as other ceremonial events.

The largest of three islands in Humboldt Bay, the 280-acre Tuluwat Island is a sacred place for the Wiyot people, home

to two pre-contact villages, including the site of its annual ceremony to restore balance to the universe. The island was also the site of one of the most brutal atrocities committed amid an attempted genocide of Native people that was filled with horrors, when as many as 300 Wiyot villagers — mostly unarmed women, children and elders — were slaughtered in February of 1860 by militiamen who raided the island in the dead of night, interrupting the annual World Renewal Ceremony.

Construction of the traditional ceremonial buildings on the site is the latest step in the tribe’s efforts to heal the island and the world.

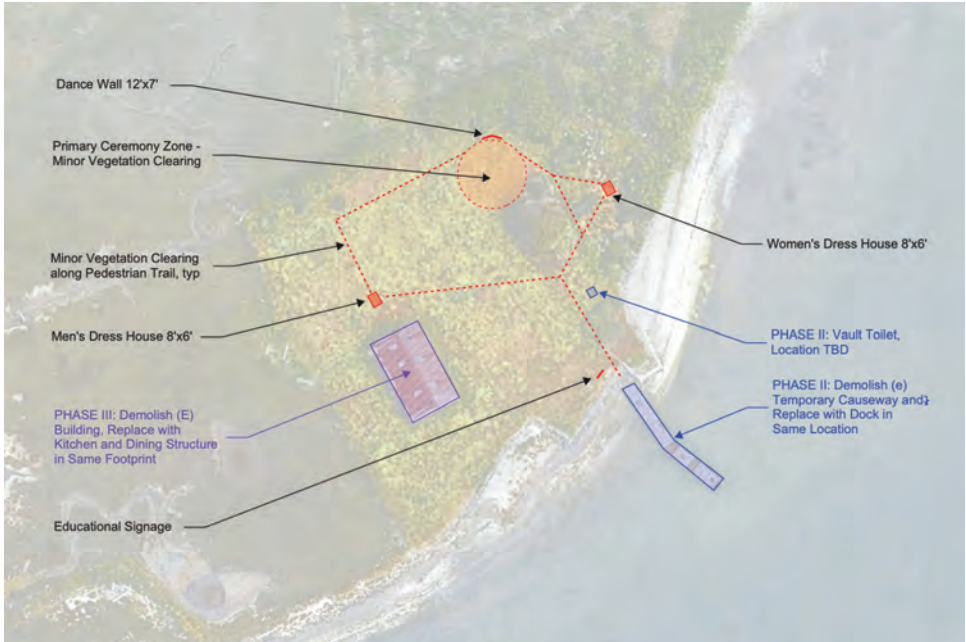
“It’s such a great project,” Coastal Commission Chair Caryl Hart said of the tribe’s plans to construct historical ceremonial structures on the site, using the tribe’s traditional plank redwood design. “After everything that’s happened on that site, all the tragedy, to see this rebirth hand what the Wiyot Tribe is doing there is just absolutely so uplifting.”

Wiyot Tribal Administrator Michelle Vassel says the tribe’s plans have not changed since first imagined in 1999, when it purchased 1.5 acres of the island from the city of Eureka for \$106,000, to be followed by the city then returning 40 acres of the island to the tribe in 2004 and, finally, repatriating the city’s entire 200-plus acre holding on the island in 2019.

“We have been implementing the Tuluwat Ecocultural Restoration Plan in stages for 25 years now,” Vassel says. “We work in stages as funding and other resources come together.”

During a brief staff report at the commission meeting, North Coast District Supervisor Tamara Gedik noted the island that sits just north of Eureka and straddles State Route 255 is home to significant archeological and cultural resources. She offered a brief history of the site, noting that after the slaughter in 1860, the island was used as a shipyard for decades and left contaminated. After taking ownership of a portion of the island, the Wiyot Tribe immediately set about an environmental cleanup, partnering with the Environmental Protection Agency in a restoration effort that saw 1.5 tons of nonhazardous materials removed from the island, as well as the cleanup and capping of a toxic site. (With the cleanup complete, the tribe finished the World Renewal Ceremony that had been interrupted by the massacre in 2014.) Gedik explained the tribe’s plans to use traditional building methods and natural materials to build most of the proposed structures, saying staff recommended approval with conditions that the tribe create and implement a wastewater management plan and agree to remove the vaulted toilet if it becomes threatened by coastal hazards.

During public comment, former Wiyot Tribal Chair and current Tribal Historic Preservation Officer Ted Hernandez reiterated the tribe’s request that the commission forgive its \$7,300 application fee so the tribe could instead spend its limited funds on the project “to rebuild these



A California Coastal Commission staff report lays out the Wiyot Tribe’s plans for Tuluwat Island.
California Coastal Commission



An interpretive sign that will be placed on Tuluwat Island sits next to a redwood plank house at Wiyot Days last month.

Submitted

spiritual dwellings of the Wiyot people.”

“Our role is to always take care of the land and the water that we sit on,” Hernandez told the commission. “The Wiyots have been here since time immemorial, and our main job is protecting our land and our resources.”

When the matter came back to the commission — with North Coast Commissioner and Third District Humboldt County Supervisor Mike Wilson having recused himself, saying he formerly served as a manager for the project — there was little discussion as the commission moved to approve the permit modifications and direct staff to forgive the application fees.

“I’ll just say that I love this project,” one commission piped in before the votes, though it was unclear which.

The commission’s vote also allows the tribe to erect up to nine informational signage stands on the site, which Vassel says will offer a history of the island — from Frederick Robert Gunther’s first efforts to develop it for use by white people, when he created a series of dikes and levees that allowed it to be used for agricultural uses, livestock and eventually lumber mills, to the tribe’s cleanup and restoration work — as well as information on its ecology and cultural significance. Each of the signs consists of a color display set in wooden framing, which is carved with eels.

The city of Eureka’s decision to return the island to the Wiyot Tribe, the culmination of years of lobbying by tribal elders, was seen as historic in the Landback movement, the first known instance of a local government returning property to a

tribe whose unceded land it governs.

“It seems to be me this could be a shining example of what’s possible,” Bo Anderson, the director of the Native American Law Center at the University of Washington School of Law, told the *Journal* at the time, adding that while there were documented cases of private landholders, nonprofits and the federal government returning land to tribes, he knew of no precedent for a local municipality having done it absent a lawsuit.

Five years later, restoration work continues, Vassel says, noting that the Redwood Community Action Agency continues to do contract work for the tribe to treat invasive spartina through mitigation funding from Caltrans. She says the tribe gets a lot of questions about that when people see work being done out in the island.

And that work will soon enter a new stage, with the tribe eager to restore the ceremonial infrastructure for its World Renewal Ceremony.

“By allowing us to build these structures, we’re allowed to bring back the World Renewal Ceremony, which is bringing balance back into the world,” Hernandez told the commission. “And that’s what we need today. We need to bring balance back to this world so we can get rid of the sicknesses and all of the hatred that’s going on in this world today.” ●

Thadeus Greenon (he/him) is the Journal’s news editor. Reach him at (707) 442-1400, extension 321, or thad@northcoastjournal.com.

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FROM NCJ DAILY ONLINE

CPH Releases Body Cam Footage from April Protest

In the hours, days and weeks after a group of student demonstrators entered Siemens Hall at about 4:25 p.m. on April 22 intent on bringing awareness to the Israel-Hamas war in Gaza, Cal Poly Humboldt has consistently maintained they almost immediately began vandalizing the building and barricading its entrances, which is why police were summoned to the scene.

In official internal and external messaging, the university maintained that police had been called to the building — and then asked to clear it — because the situation had become “increasingly dangerous,” that “protesters had blocked exits” and that “vandalism of the building’s interior had already begun” before police arrived. In a sit-down interview with the *North Coast Journal* in the immediate aftermath of what became an eight-day hard occupation of the building that split the university community and prompted administration to institute a hard closure, threatening any students, faculty, staff and community members who set foot on campus with arrest, Chief of Staff Mark Johnson said he’d personally witnessed demonstrators barricading doors and vandalizing the building prior to police arrival.

“This wasn’t a peaceful protest,” he said. “This wasn’t an issue of free speech. This was an issue of lawless behavior that was premeditated.”

But body camera footage from the first officers on scene that afternoon tell a different story, showing a building undamaged and, with one exception, free of vandalism, with demonstrators seemingly willing to let people enter and exit as they pleased. The footage captured an employee in the president’s office saying the protesters “seem friendly” and Johnson himself dismissed any safety concerns associated with the protest.

“I don’t have any fears for my safety or anybody else’s safety,” the footage captured Johnson telling then Interim University Police Chief Peter Cress about 40 minutes after protesters first entered the building. “What I’m concerned about is not allowing that to take root anywhere in this building. They’re free to go out in the quad and voice their political opinion all day and all night as long as they’re not sleeping on campus property. But they’re not going to camp out in the adminis-

trative building on campus... This is not a violent group. They’re just misguided.”

The *Journal* reached out to CPH’s marketing and communications office, seeking an explanation to the apparent disconnect between the university’s messaging and what the video footage showed. After some back-and-forth, university spokesperson Aileen Yoo indicated the primary reason police were called to the building was that the demonstrators were violating the campus’ time, place and manner policy, which restricts protest activity to certain times and places. Yoo also clarified that the charge of vandalism occurring in the building before police arrived was accurate — pointing back to the *Journal*’s reference in a prior email of a single instance of the word “divest” having been written in Sharpie on a door placard — and not the widespread graffiti seen in the building days later, and that references to barricaded or blocked entrances referred to the tents student protesters had set up in the building’s foyers (which, based on the video, allowed room for people to come and go from the building). Johnson’s comments about not being concerned for anyone’s safety, Yoo said, were about whether he felt personally threatened and “not an overall assessment of the safety of the building or the fire dangers posed to the people inside it.”

“Imagine you’re an employee inside a store where you’re working when several people come in and initially put up a tent in front of an exit (which is a fire hazard), and tag a wall,” Yoo wrote. “The employee is concerned enough to call the police. Police should absolutely respond.”

The footage also makes clear that when officers did arrive on campus, within minutes they were directed by Johnson to deliver an ultimatum to protesters: leave the building voluntarily or face arrest. The protesters declined to leave, leading to an escalating police presence outside the building and a violent confrontation at its main entrance hours later, as officers tried to force their way inside and protesters pushed them back, video of which went viral.

The more than nine hours of footage obtained through a California Public Records Act request offers the most unfiltered view of the first hours of the protest that would evolve into an eight-day occupation of the university’s adminis-

trative building. The ongoing occupation prompted then President Tom Jackson Jr. to institute a “hard closure” of the university, threatening students, faculty, staff and community who set foot on campus with arrest, while moving course instruction online and moving commencement ceremonies off campus. The protest and the administration’s response to it deeply divided the campus, with the University Senate passing a no confidence vote in the leadership of Jackson and Johnson, and hundreds of faculty and staff members signing onto a letter calling for the pair’s resignations, as some Jewish community members likened slogans and language used by the protesters to hate speech.

The occupation of Siemens Hall ultimately ended when the university brought in hundreds of police officers from throughout Northern California to clear the campus before dawn on April 30, with police arresting about two dozen remaining protesters, who they found sitting in a circle in the university quad.

The semester closed with administration announcing a new policy under which virtually all campus buildings would be locked 24-hours a day, accessible only with university issued key cards, though the policy did not seem to be being followed when the *Journal* visited campus multiple times in recent weeks. In July, the embattled Jackson announced he would be stepping down from the presidency and exercising a retreat clause in his contract to take a tenured professor position that will pay him about \$173,000 annually, though the university hasn’t said exactly what he will be doing. In the final weeks of Jackson’s presidency, he appointed Johnson, his chief of staff, to serve as the university’s interim vice president of advancement at an annual salary of \$247,569.

Meanwhile, the university estimates protesters caused approximately \$1.6 million in physical damage to the campus, though it has not yet provided the *Journal* with documentation of those costs, or even a breakdown of expenses by damage type or building, despite repeated requests.

As the start of the fall semester approached, California State University Chancellor Mildred Garcia issued a system-wide directive instituting a revised time, place and manner policy aimed to restrict protest activities on campuses, explicitly forbidding encampments, unauthorized structures and barriers, occupying buildings and protesters’ wearing facemasks for the purposes of concealing their identity.

As CPH returned to session last month, assistant professor Rouhollah Aghasaleh, who was the sole faculty member arrested

with protesters in the spring, was not on campus, reportedly remaining on temporary suspension, his future with the university uncertain. Also unclear are the outcomes of the dozens of disciplinary actions the university initiated against students alleged to have participated in the occupation of Siemens Hall. Humboldt County District Attorney Stacey Eads, meanwhile, has rejected 27 of the 39 cases referred to her office for prosecution stemming from protest arrests. Twelve referrals remain pending, she told the *Journal*, her office having sent them back to the University Police Department for further investigation.

Acting President Michael Spagna sent out a campuswide email Sept. 11 that, in part, addressed the spring protest, noting it had “tested” the campus’ sense of community.

“While the university has been focused on helping our campus community heal, I want to acknowledge that the emotional impact of the protests cannot be understated,” Spagna wrote. “And although the events of April seem long ago, for many, it still feels raw.”

Spagna went on to note the California Office of Emergency Services has facilitated an after action review of how the protests “were handled and what could have been done differently.”

“Based on that review ... we have been refining and improving university processes,” he wrote, adding the university would provide “more details from the review” in the near future and look to convene open forums on campus to discuss the review’s findings and next steps.

The California Office of Emergency Services, however, said they did not lead or facilitate the university’s review and only participated in it, referring inquiries back to the university.

The body camera footage released by the university in response to the *Journal*’s request is by no means exhaustive. Footage from some officers appears to be incomplete, while that of other officers’ is missing entirely. Video provided from Cress is missing an approximately 150-minute chunk from the last hours of the police response on April 22. Repeated *Journal* inquiries beginning Sept. 4, inquiring what footage was missing — or may have been withheld or redacted — and why have not been answered by the university.

Pick up the Sept. 26 edition of the *Journal* for a detailed look at the footage and what it adds to the community’s understanding of what happened in Siemens Hall.

—Thadeus Greenson
POSTED 09.17.24

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NCJ ON THE TABLE

Endless Zucchini is All Right by Me

By Simona Carini

onthetable@northcoastjournal.com

Like every year, I planted a few zucchini starters at the beginning of summer. Like every year, I mismanaged the plants and harvested nothing. An exuberant growth of leaf lettuce and arugula provided consolation — and large salads. Fortunately, zucchini and summer squash have been plentiful at farmers markets and farm stands around the county, so I have abundant raw material for a yearly tradition of mine: creating a new zucchini recipe.

This year I decided to include sweet peppers and tomatoes in the ingredient list. Any variety of *Capsicum annuum* that lacks heat, measured with the Scoville scale, is called a sweet pepper. Sweet peppers bring color and flavor to the summer table. Beside bell peppers, the sweet department offers options like purple or variegated varieties and elongated or squat shapes. Farmers usually display peppers in a way that separates sweet and spicy ones. I usually double-check my understanding of the arrangement before finalizing my purchase, so I don't end up with a hotter-than-expected pepper in a dish.

Thyme is probably my favorite fresh herb and I like to sprinkle a generous dose of its leaves on many of my dishes, including this one.

The first few times I made this dish, I seasoned it with Vadouvan, an aromatic spice blend that is the French interpretation of curry flavors. There are various versions of the blend from different brands. I came up with a combination of spices that does not aspire to be an exact rendition but in my opinion works well with the selected vegetables. As always, feel free to tweak the recipe to dial up or down any of the flavors.

One way I like to eat this side dish is to spoon some into a bowl where I placed some crumbled fresh goat cheese. I let the vegetables' heat soften the cheese, stir and enjoy for a decadent side dish.

Roasted Zucchini, Sweet Peppers and Tomatoes

Serves 3-4.

Slender green zucchini, yellow zucchini, or Costata Romanesco, and small pattypan squash are all options for use in this dish. Mixing varieties is also good.

Ingredients:

3 tablespoons extra-virgin olive oil, divided
8 ounces ripe tomatoes (Trinity or other juicy globe tomato variety)
12 ounces zucchini 8 ounces sweet peppers (corno di toro or other variety) or red bell pepper
2 tablespoons minced garlic cloves
1 tablespoon fresh thyme leaves
¼ teaspoon ground fenugreek
¼ teaspoon ground turmeric
½ teaspoon ground cumin
½ teaspoon ground yellow mustard
1 teaspoon ground coriander
¼ teaspoon Aleppo pepper flakes
½ to 1 teaspoon fine sea salt, to taste

Heat the oven to 375 F.

Distribute half the olive oil on the bottom of a 3-quart (13-by-9-by-2-inch) glass baking dish.

Chop the tomatoes.

Trim tops and bottoms of the zucchini, quarter lengthwise, then slice crosswise, ¼-inch thick. If using pattypan squash, dice it.

Halve the peppers lengthwise. Carve out and discard the stem portion, as well as the seeds and ribbing inside. If the pepper is more than 3 inches long, cut each half in half crosswise. Slice each piece of pepper lengthwise into ¼-inch ribbons.

Place the raw vegetables and the garlic in the baking dish, sprinkle with the thyme and the spices and drizzle the remaining olive oil on top, then stir to mix.

Place the baking dish in the oven. After 15 minutes, take the baking dish out of the oven and stir its contents. Bake another 10 minutes, then take the baking dish out of



Roasted zucchini with peppers and tomatoes. The author usually eats two portions.

Photo by Simona Carini

the oven and stir. Bake another 3-5 minutes, or until the zucchini are tender.

When the vegetables are ready, take the baking dish out of the oven, sprinkle the sea salt and stir. Taste and adjust the seasoning. Serve out of the baking dish or transfer onto a serving dish and serve. ●

Simona Carini (she/her) also writes about her adventures in the kitchen on her blog pulcetta.com and shares photographs on Instagram @simonacarini. She particularly likes to create still lives with produce from the farmers market.

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Blithe Spirit's Cast Brings the Comedy to Life

By Tiggerbouncer Custodio

frontrow@northcoastjournal.com

Conflicting production designs are not enough to hinder interesting directorial choices and strong acting in Ferndale Repertory Theatre's new production of Noel Coward's classic *Blithe Spirit*. Originally a British farce in three acts, director Merrick D. Yra removes an act, relocates the show to America, mutes the setting to gray and sepia tones, and plays with our perceptions of societal dictates while navigating a skillful band of actors through the wit and debacles of Coward's show.

With the help of overzealous maid Edith (Becky Perry), Charles (Jaye Templeton) and wife Ruth (Sarah Traywick) host the Bradmans (James Wright and Caroline Needham) for a dinner party/

seance conducted by the Great Arcati (Roux Kratt). They inadvertently summon the ghost of Charles' deceased wife Elvira (Madison Glee), who is intent on causing discord in her widower's marriage. Matters are further complicated as Charles is the only one who can see or hear Elvira. This causes hilarious crossed communications and spectral obstacles that compound as the show progresses.

Yra makes a bold choice in his storytelling to create the physical world through the lens of an antique photo. He successfully reinforces the decision by blocking actors in opening scenes with tableaux straight from a flash-bulb-camera era. The first moments of a stylized piece are crucial in establishing audience buy-in, so



Caroline Needham, James Wright, Sarah Traywick and Madison Glee in *Blithe Spirit*.

Photo by Jessie Rawson, submitted

as not to lose the story amid its telling. Individual elements like monotoned and sometimes ill-focused lighting (Sydnee Stanton), make up design (Karen Echegaray) that varies between sharp white and white dusted, and a muted gray set (Carl McGahan and Carin Billings) with only touches of depth, are individually strong, but unsupportive together. They conflict and rob a bit of the director's impact when he introduces the technicolored Elvira. Linda Muggeridge's costume design, with the brilliance of metallics and uplifting accessories, somehow ties everything

together and allows the audience to be slowly enveloped into the world without sacrificing so much texture the audience gets lost. Additionally, Muggeridge's later muting of the metallics to reflect character progression (particularly Ruth's) into the second act is brilliant.

As usual, Traywick shines. Her devotion to just being in her character and reacting to circumstances is professional quality and amplified by Needham's authentic off-script reactions. The latter stepped into her role late in the process as a replacement but offers the same confidence seen in her previous work. Wright creates hilarious moments in the blocking around him without effort. I look forward to seeing both him and Perry in more productions with larger roles. Templeton and Glee are a striking pair and play beautifully. Though I would like to see them both release fully and ride their breath to its completion; both have moments where they to clip their emotions by stopping their breath at their throats. Kratt steals every scene in the best way possible, and we want to join them in their world so much that when they trail off into thought, we laugh at the realization that we can see their head-space. It is truly a bit of magic befitting their character.

With a nearly three-hour runtime, the ride is long and a bit bumpy, but worth the excursion into the warm spirit world.

Ferndale Repertory Theatre's production of *Blithe Spirit* continues Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. through Oct. 6. Call (707) 786-5483 or visit ferndalerep.org. ●

Tiggerbouncer Custodio (he/she/they) is an empowered queer Indigenous Filipino artist whose works have been seen on Humboldt stages and elsewhere.

COMING SOON

North Coast Repertory Theatre serves up dark musical *Sweeney Todd*, a tale of revenge and meat pies in London, Sept. 20 through Oct. 19. Visit ncrt.net.



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The Pests of Fall

By Julia Graham-Whitt

downanddirty@northcoastjournal.com

As the prime garden season winds down, you might think you wouldn't have to deal with pests in the garden. You would be wrong. Especially after that unexpected rainfall we had a few weeks ago. Do you know what lots of rain followed by warm weather means? Yes, mosquitoes! Just when all the rain gutters, loose tarps and saucers under your potted plants had finally dried out, we get 1 to 3 inches of rain in which mosquitoes can breed.

I noticed a huge increase in the little bloodsuckers here at my place, so that meant it was time to haul out the Bucket of Doom again. You can search bucket of doom on the internet — ui.charlotte.edu has information on how it can be used instead of pesticides. All you need is a 5-gallon bucket, water, some straw or grass, and some mosquito dunks, also known as BT (*Bacillus thuringiensis*). They really do work. I don't generally recommend those bug zappers because they don't just zap the mosquitoes, they also zap other beneficial insects.

Another excellent mosquito control is swallows (which have mostly left the area by now) or bats. A single bat can eat up to 1,200 insects per hour, so that's some serious mosquito control. Bat houses are easy to set up; just make sure you read the instructions. At least 10 feet off the ground, south facing, with a water source nearby are ideal locations.

Another one of Humboldt's favorite pests that adores a late summer rain is none other than the slug. Those slimy little creatures have been hiding in crevices, under boards, you name it. When all that glorious rain happened, they came out of hiding in droves. So what to do about this particular pest? You have several options. The one I use most here at home and in my clients' yards is Sluggo. You can find it at most nurseries or Costco carries it at different times of the year. Until recently, I was only able to find it at Costco when it brings out the garden stuff, probably sometime in December, since Halloween showed up at the end of July. But this year, it had more in stock as recently as two weeks ago.



Cloven-hooved demon spawn, aka, garden-raiding deer.

Photo by Julia Graham-Whitt

Another option to deal with the little slime-makers is small saucers of beer. You can use an empty yogurt or other plastic container, sink it into the ground so it's nearly level with the soil, then add beer. Preferably the cheapest beer you can find. The slugs at my place prefer Natural Ice. But then the raccoons found the saucers and had a kegger, slurping up all the beer. So much for that option.

Another option, that I know won't work for everyone, is get yourself some ducks. Ducks are excellent slug patrol. Sure, they're messy and may wander off to get eaten by a fox when you're not looking, but if you're able to keep them corralled in your garden, you'll have it cleared of slugs and snails in no time.

So we've taken care of the slugs and the mosquitoes, what else may be bothering your zucchini and tomato plants? Why, that would be my No. 1 nemesis: black-tailed deer, or, as I like to call them, Cloven-Hooved Devil Spawn (CHDS). Detering CHDS has become my life's mission. The only tried and true method is an 8-foot fence around your garden. Deer repellent sprays do work, but you must reapply after a rain and make sure you spray at least once a week, otherwise the deer will nosh on your petunias when the scent has worn off. Other methods like human hair, Irish Spring soap and net bags filled with dryer sheets have been shown not to work, but they sure make lovely garden decorations.

So when is a pest not a pest? I see folks post on various garden pages on social media about something eating their precious plants. Usually it's followed by, "What do I spray to make them die forever?" Please don't reach for the poison spray; it kills everything, not just the target

insect. More importantly, it's a good idea to identify what is eating the plant. One of the most common queries I see is when someone finds small circles cut out of leaves, such as wisteria, roses, dahlias and many more. These are the handiwork of the leaf cutter bee (Megachilidae). They are an important pollinator, so I always do a little happy dance when I see evidence of their cuttings in my garden. They build their tiny nests in cavities, usually made up of rotting wood, but not always. I see them collecting pollen on many flowers in gardens and you can tell they're leafcutters, because they have cute little yellow bums, which often stick up in the air when they're collecting pollen and nectar.

And finally, one of the more common pests in Humboldt gardens and orchards is the tunnel dwelling buck-toothed rodent: the gopher. They can take down an entire bed of garlic in a few days or gnaw on your apple tree's roots until the tree finally dies. I know, because it's happened to me.

Again, please don't reach for that poison. Most rodent poisons have secondary lethality, which means that the animal or bird that eats the dead gopher will also die or get very, very sick. For gophers, you gotta go lethal traps. My personal fave that I rave about to everyone who will stand still long enough, is the GopherHawk brand. I've also had luck with the black tube traps and Macabee traps. But for my money, the GopherHawk wins hands down. And you don't even have to touch the carcass.

Happy hunting! ●

Julia Graham-Whitt (she/her) is owner and operator of the landscaping business Two Green Thumbs.

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NCJ IT'S PERSONAL



David, Three Years Out

By Tony Wallin-Sato
itspersonal@northcoastjournal.com

On recent a sweltering afternoon, I was fortunate enough to get a personal tour of Los Angeles City Hall. Accompanying me was my new intern who had just been released after eight years of incarceration inside juvenile hall, as well as a recently released formerly incarcerated individual working at Homeboy Industries and an employee with Community Coalition - Los Angeles. Our tour guide was articulate, expressive and outfitted in a sharply tailored suit with spotless loafers. He also wore a contagious smile everyone we passed in the halls of the historic government building seemed to pick up. We took photos in the council chambers, observed ornate Japanese art on display and walked outside on the 27th floor with a 360-degree view of the Los Angeles basin.

The city employee giving us the tour also happened to be College of the Redwoods Pelican Bay Scholars Program's first college graduate David Nguyen, the Central Representative of Los Angeles and Asian American and Pacific Islander (AAPI) representative for LA Mayor Karen Bass. You wouldn't know he was incarcerated

for 16 years — at least the police officers who greet him with, "Good morning, sir," every morning don't. My *raison d'être* is to destigmatize, decolonize and decarcerate through storytelling, and there is no better example than my brother David.

It's been more than three years since I wrote about when David was freed ("David's Out," June 24, 2021) — our winter polar plunge in the Smith River, our jog beneath the Redwood canopies at Simpson-Reed Trailhead, his family reunion's warm embrace and the local community members who showed up on a crisp coastline morning to greet him upon his release. Back then we were still in the thick of the pandemic. The first Black, Asian and female Vice President had just been inaugurated, mostly white male domestic terrorists had stormed the capital with little opposition and resistance, and the police officer who knelt on George Floyd's neck for nine minutes and 29 seconds had been tried and convicted, and would soon be sent to prison. (Sadly, though, as I write this, a judge has thrown out the felony convictions on the officers who murdered Breonna Taylor.) All that seems so long ago and a lot has happened since.



Tony Wallin-Sato, College of the Redwoods Pelican Bay Scholars graduate Bunthoeun Roeung, and special guest graduation speaker David Nguyen pose during the 2023 spring graduation in Pelican Bay State Prison.

Photo by Tory Eagles, submitted

Three years may not seem like ample time to tout the longevity of an accomplishment but for someone like David, it might as well be a decade. In his professional role, he now represents the mayor of the country's second largest city when she is unable to make a

function, event, inaugural speech, grand opening, local community meeting or other happening in a city of almost 4 million inhabitants. He listens to community issues and helps build bridges to mend them, assists with small businesses and city development, and continues to change the narrative surrounding the formerly incarcerated.

At a recent event where David tabled, the organizer said in 30 years they had never seen anyone from the mayor's office attend. They told him they felt heard and seen. That is what David does — he makes you feel visible. When I met him in prison, he had the biggest heart of anyone I'd met and that still rings true today. He was building community inside and now he's continuing to build community outside. David is a real and approachable example of the potential for those of us currently or formerly incarcerated to be agents of change.

Like I said, a lot has happened since that beautiful day he walked off the grounds of Pelican Bay State Prison. Cal Poly Humboldt's BA in Communications program just successfully ended its second semester on the prison's B Yard, there are 34 formerly incarcerated Project Rebound students on the university's Arcata campus with nearly 20 graduates since 2020, College of the Redwoods now has a Rising Scholars Program specifically to support youth education inside Humboldt County Juvenile Hall and CR's Pelican Bay Scholars Program continues to thrive and works in collaboration with CPH's BA program.

Two years after his release, the illuminating fog and gossamer coastline called

David back to the North Coast. A talented painter himself, he was the special guest for the opening reception of the Pelican Bay art exhibit in Reese Bullen Gallery held by Prison Arts Collective and Project Rebound. A few months later, David was back on the North Coast as the keynote speaker for the College of the Redwoods Pelican Bay Scholars Program graduation. There's nothing more inspiring than seeing someone from your yard come back in street clothes, no heavier symbolism for the possibility of freedom. As David spoke to his peers and men he lived with on both B and D Yard, he represented that hope.

Today, David and I are neighbors. We talk weekly and, when our schedules permit, we connect over a bowl of ramen or deadly spiced Thai fried rice. A few days ago, I hosted a formerly incarcerated poetry reading at the independent socialist bookstore between our houses. While we all read our original poetry, David chose to read the work of poets still incarcerated behind the walls, as well as passages from the first issue of Pelican Bay State Prison's newspaper, *The Pelican*, which he'd helped create, forever uplifting the voices from inside. After reading a few pieces, David said the next few poems were from his old cellie.

He pointed to a teenager in the crowd, smiled and told the audience, "This next piece is dedicated to him. This is your dad's poem."

David and I recently reminisced over breakfast about the transformative power education had on both of our lives. I asked him, now that he works as a public figure, how he handles conversations with people who don't believe in second chances or people who don't see people like us as redeemable.

He replied, "We were just as lost once, too, before we changed. We all have to see each other as human and just live by example."



Tony Wallin-Sato (he/him/they) is the Prison Education Director for California State University Long Beach, Project Rebound and a lecturer in the Critical, Race, Gender and Sexuality Studies Department at Cal Poly Humboldt. He is still currently on hiatus as an investigative journalist but will return to reporting in the near future.

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NCJ CALENDAR

Nightlife

Got a gig or an event? Submit it to calendar@northcoastjournal.com by 5pm Thursday the week before publication. Tickets for shows highlighted in yellow are available at NorthCoastTickets.com. More details at northcoastjournal.com. Shows, times and pricing subject to change by the venue.

VENUE	THURS 9/19	FRI 9/20	SAT 9/21	SUN 9/22	M-T-W 9/23-9/25
ARCATA THEATRE LOUNGE 1036 G St., Arcata (707) 822-1220		Gimme Gimme Disco (DJ) 7:30-11:59 p.m. \$25	Mark Farina (House, acid jazz, down tempo DJ) 7-11:59 p.m. \$26	<i>The Big Lebowski</i> (1998) (film) 6 p.m. \$8, \$12 admission and poster, Pre-show at 5 p.m.	[W] Sci-Fi Night: <i>Tank Girl</i> (1995) (film) 6-9 p.m. \$6, \$10 admission and poster
THE BASEMENT 780 Seventh St., Arcata (707) 845-2309	Frances Vanek Quartet (jazz) 8 p.m. Free	Wild Abandon (folk rock) 9 p.m. \$5	Ghost Train (rock, pop) 9 p.m. \$5		
BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta (707) 733-9644		Thirsty Bear: TBA	Thirsty Bear: MVM Night (music video mashup) 9 p.m. Free	Thirsty Bear: Karaoke Sundays 9 p.m. Free	
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, Blue Lake (707) 668-9770		Wave: Latin Night with DJ Pachanguero 9 p.m. Free	Sapphire: Hard Fought Championship (MMA, kickboxing) 8 p.m. \$55, Wave: Hyperion (funk, soul, disco) 9 p.m. Free		[M] Treat Yourself Entertainment Karaoke 8-11 p.m. Free, [T] Trivia Night With Reel Genius Trivia 6:30-8:30 p.m. Free
CALVARY LUTHERAN CHURCH 716 South Ave., Arcata (707) 443-1575			An American Night at the Opera (arias, duets, piano solos) 7:30-9:30 p.m. \$40, \$10 students		
CAL POLY HUMBOLDT 1 Harpst St., Arcata					[T] Van Duzer: Hot Tuna (psych rock) 7 p.m. \$20-\$55
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville (707) 839-2013		Treat Yourself Entertainment Karaoke 9 p.m.-1 a.m. Free			[M] Pool Tournament 6 p.m., [W] Treat Yourself Entertainment Karaoke 8 p.m.-midnight Free
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad (707) 677-3611			808 (Motown, R&B) 8 p.m. Free		[T] Karaoke 8 p.m. Free
CRISP LOUNGE 2029 Broadway, Eureka, (707) 798-1934	Up in Joke! Comedy Open Mic 8-10 p.m. Free	Pete Nelson Tonight! 7 p.m. TBA	Deep Fried Comedy w/Jamon Jamison, Nick Castagnola, Sam Mallett, Pete Nelson, Markles Moneyscratcher 8 p.m. \$5	Open Mic Night (15-minute time slot) 6:30 p.m. Free	[M] Pete's Projecting Again! (comedy/variety) 7-9 p.m. \$5, [T] Pool Tournament 6 p.m. \$10, [W] Kara-Smokey! 7 p.m. Free

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HISTORIC EAGLE HOUSE 139 Second St., Eureka (707) 444-3344		Phatsy Kline's: Reel Genius Trivia 6-8 p.m. Free			
HUMBOLDT BREWS 856 10th St., Arcata (707) 826-2739		Blu Egyptian, Velvet Sea (prog-jam) 8:30 p.m. \$15, \$10	Norman Bradfords' 60th Birthday Bash w/music by Dead On, Wild Otis, Magnificent Sanctuary Band 8 p.m. \$10		
LARRUPIN' CAFE 1658 Patrick's Point Dr., Trinidad (707) 677-0230					[W] Dogbone (feral jazz) on the Larrupin' Patio 5-9 p.m. Free
THE LOGGER BAR 510 Railroad Ave., Blue Lake (707) 668-5000	Jeff Landen 8 p.m.	Jazz Bros 4-6 p.m., Jesse Mills Band 9 p.m.	A Banjo Makes 3 9 p.m. \$5		[W] Jazz Bros 4-6 p.m., Karaoke 8 p.m.
THE MADRONE TAPHOUSE 421 Third St., Eureka (707) 273-5129					[W] Reel Genius Trivia. 6-8 p.m. Free
MAD RIVER BREWING CO. & TAP ROOM 101 Taylor Way, Blue Lake (707) 668-4151		Widdershins (eclectic rock) 6-8 p.m. Free			
MINIPIXEL 401 I St., Arcata (707) 630-5000	Chappell Roan Karaoke Party: Pink Goat Club! 8:30 p.m. two-drink minimum	Chris Cohen, John Ludington, Glacier Dorm 8:30 p.m. \$10 online	Wand, Jackie-O Motherfucker 8:30 p.m. \$15 limited	G.O.A.T Karaoke 8:30 p.m. two-drink minimum	[T] Xiu Xiu ft. ex-Devo, Sparks drummer 8 p.m. \$28, [W] Big Mood (DJs, queer night) 8-11 p.m.
MOUNTAIN MIKE'S PIZZA - FORTUNA 1095 S Fortuna Blvd., Suite 48, (707) 777-7550					[T] Reel Genius Trivia. 6-8 p.m. Free
MOUNTAIN MIKE'S PIZZA - MCKINLEYVILLE 1500 Anna Sparks Way, (707) 203-8500					[W] Reel Genius Trivia. 6-8 p.m. Free
OLD GROWTH CELLARS 1945 Hilfiker Lane, Eureka (707) 407-0479		SoHum Girls Band 6-9 p.m. Free			
OUTER SPACE ARCATA 837 H St. (707) 633-9160	Queen Karma, Blood Hunny, LASKA 7:30-10 p.m. \$5-\$20, notaflof		Pennies for Pluto, Royall Propolis, Elderberry Rust String Band 8-11 p.m. \$5-\$10, notaflof		
PAPA WHEELIES PUB 1584 Reasor Rd., McKinleyville, (707) 630-5084			Live Music 6-9 p.m.		
REDWOOD CURTAIN BREWERY & TASTING ROOM 550 South G St., #4, (707) 826-7222			Summer Music Series: 3-6 p.m. Free		
REDWOOD CURTAIN BREWERY MYRTLE AVE. TASTING ROOM , 1595 Myrtle Ave., Eureka, (707) 269-7143	Buddy Reed Solo (blues, rock) 6-9 p.m.				
SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka (707) 845-8864	Drink & Draw 6 p.m. Free, Shannon Foster headlines New Faces 9 p.m. \$10	Tony Camin (stand-up) 9-11 p.m. \$15, The Latest Show 10:30 p.m. \$5	Braturday Night Live! 10:30 p.m. \$5	Sunday Open Mic 9 p.m. Free	[T] 2 Mics, 1 Dungeon 9 p.m. \$5, [W] Wednesday Open Mikey 9 p.m. Free
SEPTENTRIO BARREL ROOM 935 I St., Arcata (707) 420-4200		TSEF Fundraiser w/Sweetums and Redwood Steel 6-10 p.m. donation			
SIREN'S SONG TAVERN 325 Second St., Eureka (707) 442-8778	Open Mic Night (all acts) 7:30 p.m.sign ups at 7 p.m. Free			Sunday Funday (board games provided or bring your own) Free	[M] Monday Night Raw: Comedy Open Mic 7 p.m Free, [T] Siren's Sessions - Open Format Jam, 8 p.m. Free
SIX RIVERS BREWERY 1300 Central Ave., McKinleyville (707) 839-7580		Buddy Reed and His Fabulous Rip it Ups (blues, rock) 6-8 p.m. Free			
SPEAKEASY 411 Opera Alley, Eureka (707) 444-2244		Friday Night Jazz 8-10 p.m. Free	Jenni and David and the Sweet Soul Band (soul, funk) 7-10 p.m. Free		[T] Tuesday Night Jazz 7-10 p.m. Free
TRINIDAD TOWN HALL 409 Trinity St.		Claire Bent with RLAD (jazz) 7:30-9:30 p.m. \$10-\$20 sliding			
VISTA DEL MAR 91 Commercial St., Eureka (707) 443-3770	Treat Yourself Entertainment Karaoke 9 p.m.-midnight Free				



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Cathedrals and Cacophony

By Collin Yeo

music@northcoastjournal.com

Xiu Xiu is a band that has, for more than two decades, been the prime musical outlet for singer and multi-instrumentalist Jamie Stewart. Initially known for its DIY, bedroom-style confessional records and raucous live show histrionics, the group has over the years morphed into a solid trio, featuring fellow sound-designer Angela Seo and percussionist David Kendrick. I recently interviewed Stewart ahead of the group's upcoming show at the Miniplex on Sept. 24, in support of a new record *13" Frank Beltrame Italian Stiletto with Bison Horn Grips*.

NCJ: I first became aware of your music from my friends in San Francisco in the early '00s, who assured me you had a sort of transformation from the whispered privacy of the records to a wilder stage sound. How do you feel about that assessment, and if you agree, do you still feel it applies to your current output?

Stewart: I think anyone's assessment of what we are doing is true for them. So if that is what that person thinks, then it is true.

Personally, and this is only my opinion and in no way "the facts," I feel like our records deal with intense emotionality, supernatural/psychedelic/subconsciousness, violence, perversity, social politics, idiocy, cuteness and insanity. Live, we try to go full on every night and try to play our guts and hearts dealing with the aforementioned set of issues. The result is whatever the result is.

NCJ: 2010's *Dear God, I Hate Myself* was fantastic, and the first album, if I'm not mistaken, with Angela. I had a similar reaction to *13" Frank Beltrame Italian Stiletto*

with *Bison Horn Grips*. I understand she is now a core member of the group, with David. Do the three of you write all together, or are there song pieces and even certain songs which come predominantly from certain members?

Stewart: Angela has been a core member since then, she just hasn't been able to tour full time, but she has been deeply involved with all the records since then. Thankfully she is touring again.

There is no single process and on each song we contribute in different ways. Sometimes David and I collaborate on lyrics, which Angela will then edit. Sometimes I write 90 percent of a song, and then Angela and David add very important finishing touches. Sometimes Angela writes an entire song and the three of us interpret it. We try to get out of the way and forgive this hippie cliché, but "let it happen." Music doesn't come from humans, it comes from space/the goddess of music/the universe/the spirit world and it is not our business to do anything but try and listen and be open to what is being transmitted.

NCJ: One of the instantly recognizable aspects of Xiu Xiu has always been your voice, which seems to rise from a sad whisper to a curse and a wail with startling effect. On this latest record, I found myself hearing something Gothic in a new sense of the term. It literally feels like massive, complex spires of buttressed sound filled inside with the sheer power from a frighteningly divine presence. This is especially true with the song "Veneficium." Can you give me a little background on how that came about and what you were thinking of during its creation?

Stewart: Thank you for this incredibly



Angela Seo and Jamie Stewart of Xiu Xiu.

Courtesy of the artists

generous assessment. I am very insecure about my voice.

Sorry to repeat myself more or less, but to me, and again in no way should this be taken as the only possible interpretation, but "Veneficium" is about existing in a physical uncertainty; being in a place and that place not making any logical sense but being unable to escape it. There is an existential threat to one's being there and it must be avoided at all costs, but the laws of physics are not following familiar paths so knowing how to avoid is impossible. I didn't know what the word "Veneficium" meant until I stumbled across it in a thesaurus, but it is a person who concocts poisons, or a manner of poison manufacture. There seemed to be a loose parallel between that word and the "crisis world" that the song, to me, presents.

NCJ: One last question. What can the people of Humboldt expect from your upcoming live show, and have you played here before? If not, welcome, if so, welcome back!

Stewart: I think I played a solo show there in 2004? But I am not sure. Either way it is nice to be back, or very nice to be there for the first time! We will be playing songs from our whole catalog. A lot of new songs, a lot of requests, and a few we have never played or very rarely played. As previously noted, we will try and play our guts out. Thank you!

Xiu Xiu plays the Miniplex at 8 p.m. on Tuesday, Sept. 24 at 8 p.m. ●

Collin Yeo (he/him) recommends the song 'Fabulous Muscles' for a taste of the band's early stuff. He lives in Arcata.

Mr. Blue Sky

By Collin Yeo

music@northcoastjournal.com

“Hey you, with the pretty face. Welcome to the human race. A celebration, Mr. Blue Sky’s up there waiting, and today is the day we’ve waited for.” I have a funny relationship with this week’s song. There have been times when it was brightly lighting up my brain while strolling through the lees of an otherwise tough day. I was recently damaging my ears with it via earbuds when I got hailed by a dear friend I hadn’t seen in years; that was lovely. It also crops up in movies and trailers too often, and I don’t generally care for its presentation in that format. Then there have been times when the tune seemed like a mockery, something specifically designed to remind me I was on the other side of the glass, sickly and broken, while the world of shiny, happy people zipped around, oblivious to the ghost in the window of the old house. Here’s hoping that if the afterlife awaits, I can avoid that eternity. But the song is pure pleasure and that’s the thing about pleasure: Its constant stream is a torment rather than a joy. But today and during the course of this week, I am leaning into the joy. And I know when to quit, I promise. Unlike the junky’s promise of a similar sentiment, regular readers know that much about me, at least. I am not a creature of constant pleasure, though hopefully, sorrow neither. Have a good one.

Thursday

LASKA is a harmonic folk act from Portland fronted by sisters Mookie and Hannah Morton. They’ll be coming round the mountain and stopping at the Outer Space tonight at 7:30 p.m. Also on the bill are a couple of fine local acts, rockers **Queen Karma** and folk punk heroes **Blood Hunny**. There is a \$5-\$20 sliding scale entrance fee, but nobody gets turned away for a lack of coins.

Friday

Blu Egyptian is a Chico-based jam band that does the crossing genre streams thing more than noodling. The group has come through town a few times before and seems to have built up a decent amount of steam from steady touring, so good

on ‘em there. Tonight’s performance will be hosted at Humbrews at 8:30 p.m. Also on the bill are **Velvet Sea**, about whom I know nothing but have a strong suspicion are named after the Phish song, which might explain quite a bit of my shroud of ignorance here (\$15, \$10 advance).

Saturday

Los Angeles’ **Wand** has been at it for north of a decade, where over five records and lots have touring have established themselves as lords of a certain perfect sound, almost impossible give justice to by means of explanation, but I’ll give it a try in the same way Carl Sagan famously showed a generation of TV viewers what the shadow of a fourth-dimensional object would look like. Wand is music for meandering through a landscape which doesn’t exist, but feels like home, and if made physical might look like deserts in a Dyson sphere full of bubbles of starlight. I dig it. I also dig Portland’s **Jackie-O Motherfucker**, a much older group that has played with the vast world of sound since the ‘90s, creating soundscapes and rock outcroppings worthy of worship. I am going to put this one down as a don’t miss if you have the time, and that time begins at 8:30 p.m., at the Miniplex (\$15).

Sunday

You know what? Let’s keep this one short, sweet, free and easy. If you like crowds and a spectacle, head to the Arcata Plaza anytime after 10 a.m. for the North Country Fair and its famous parade. If you want more intimate Sunday amusement, go to Fieldbrook Winery at noon for an afternoon with the bluegrass stylings of the **Compost Mountain Boys**.

Monday

It’s another quiet one here on the western oceanfront, so in deference to my ongoing suggestions about listening to the departed artists of 2023, crank up something by the songwriter who best navigated across that tightrope of genius hovering over the canyon of schmaltz. I am of course talking about the great Burt Bacharach because the world certainly needs some love right now.

Continued on next page »

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NCJ SETLIST

Continued from previous page



Wand performs on Saturday, Sept. 21 at 8:30 p.m. at the Miniplex.

Photo by Asal Shahindoust, courtesy of the artists

Tuesday

As mentioned in my interview (page TK), the legendary **Xiu Xiu** is in town, specifically at the Miniplex, which is really hitting some heavy dingers this week, music-wise. The group is here ahead of the Sept. 27 release of its fantastic new record, *13" Frank Beltrame Italian Stiletto with Bison Horn Grips*, a lyric from which I can't seem to get out of my head: "I have done almost nothing right my entire adult life." Yeah, that one's very relatable. Catch them at 8 p.m. (\$28).

Wednesday

The myth of objectivity in writing has kept me largely outside of the world of polite, professional journalism, which is fine, as I prefer being a writer and occasionally rude to the right people. However, when talking about Palestine, I use words like "genocide" and "apartheid" not to whip up hyperbolic, inflammatory imagery, but to be as honest as I possibly can, even if that honesty upsets some people. Fuck 'em, to paraphrase the political scientist

and theorist John Mearsheimer, I want future historians, if they have the chance to exist, to know that there were people of conscience who operated based on the humanism that conscience demands. I'd hate for the kids of tomorrow to think that we were all servile, fascist goons, ignorant dittoheads, and violent racists serving the American death machine and its ghoulish client states. So in that spirit, I'd like to recommend the 7 p.m. showing of the 2012 film **Roadmap to Apartheid** at the Minor Theatre. (\$5-\$15 sliding scale). A part of the ongoing Shine a Light on Palestine series, this film, narrated by the writer Alice Walker, will conclude with a panel discussion with directors **Ana Nogueira** and **Eron Davidson**. Snag your tickets now if you don't want to miss out on this special event. ●

Collin Yeo (he/him) welcomes the bloom and the wither in separate, but equal measures. And prefers the in between far more. He lives in Arcata.

Calendar

Sept. 19 – 26, 2024



Submitted

Get ready for another round of fast-paced, hard-hitting action at **Humboldt Roller Derby's Fall Brawl** on **Saturday, Sept. 21, at 6 p.m. at Redwood Acres Fairgrounds** (\$15, \$12 advance, free for kids under 10). Watch as the hometown heroes of HRD take on the competition from Southern Oregon Derby and Monterey Bay Roller Derby. With concessions and local brews on hand, it's a perfect way to spend your Saturday night. Get there early for a good seat. Doors open at 5 p.m.



Photo by Mark Larson

Keep your fingers crossed for sunshine and join the celebration as the **North Country Fair** marks its 50th anniversary on **Saturday, Sept. 21, and Sunday, Sept. 22, from 10 a.m. to 6 p.m.** at the **Arcata Plaza** (free). This year's party features 175 art and craft vendors, heaps of local food booths and three lively stages of music and entertainment with acts running continuously all day long. With daily parades at 1 p.m., including the All Species Parade, and interactive art exhibits, it's a chance to celebrate the abundance of goodness in our community. Please leave your pets at home. And do what you can to honor the fair's zero-waste spirit.



Ronny Michael Greenberg. Submitted

Experience a musical weekend with the Eureka Chamber Music Series as it kicks off its 2024-2025 season with two chances to hear spectacular music. On **Saturday, Sept. 21, from 7:30 to 9:30 p.m. at Calvary Lutheran Church**, enjoy **"An American Night at the Opera,"** featuring arias and piano solos by Gershwin, Sondheim and more, performed by pianist **Ronny Michael Greenberg**, soprano **Olivia Smith** and tenor **César Delgado** (\$40, \$10 students). Then, on **Sunday, Sept. 22, from 3 to 4 p.m. at Lutheran Church of Arcata**, check out **"American Art Song and Mexican Canciones,"** which blends American and Mexican melodies (\$20, \$5 students). This budget-friendly concert also features a conversation afterward.

19 Thursday

ART

Figure Drawing at Synopsis. 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. With a live model. Bring your own art supplies. Call to contact Clint. \$5. synopsisperformance.com. (707) 362-9392.

LECTURE

Let's Talk About Palestine and Israel. 5:30 p.m. Wharfinger Building, 1 Marina Way, Eureka. Cal Poly Humboldt and College of the Redwoods teachers and students, local faith leaders and county community members discuss the Palestinian-Israeli conflict. A free community dinner will be served. Speakers: Provost Jenn Capps, Rev. Molly Cade, Prof. Kathy Lee, Dan Shahin and Rabbi Bob Rottenberg. Free. sara.hart@humboldt.edu. forms.office.com/r/KtN0DnecxE.

FOR KIDS

Quack N' Wabbit Family Literacy Tour. 6-7 p.m. Arcata Library, 500 Seventh St. Teaching through puppet art with great messages and useful life skills. Presenting the musical show "Froggie and the Ribbits Speak Out." Free. literacyhelpers@gmail.com. humlib.org. (707) 445-3655.

FOOD

Havana: Cuban Restaurant Pop-Up. 5-9 p.m. Plaza Grill, 780 Seventh St., Jacoby's Storehouse Third Floor, Arcata. Get a sneak peak of the menu and drinks of Havana, a new Cuban-Californian Fusion restaurant coming to Arcata in early October. facebook.com/havanainarcata. (707) 826-0860.

Henderson Center Certified Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fruits and vegetables, baked goods, jams, nursery plants, music and hot food vendors. No pets allowed, but trained, ADA certified, service animals are welcome. CalFresh EBT customers receive a market match at every farmers market. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/hendersoncenter.html. (707) 441-9999.

McKinleyville Certified Farmers Market. Eureka Natural

Foods, McKinleyville, 2165 Central Ave. Fruits and vegetables, music and hot food vendors. No pets, but trained, ADA certified, service animals are welcome. CalFresh EBT customers are able to receive a market match. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/mckinleyville.html. (707) 441-9999.

MEETINGS

Writers Group. Third Thursday of every month, 5-6:30 p.m. Christ Episcopal Church, 1428 H St., Eureka. Writers share all types of writing and get assistance from one another. Drop-ins welcome. Not faith based. Free.

OUTDOORS

Nature Quest. 3-6 p.m. Headwaters Forest Reserve, End of Elk River Road, 6 miles off U.S. Highway 101, Eureka. Explore trails and share mindfulness practices, group conversation and other eco-therapeutic activities. Transportation available for Eureka residents. Call to pre-register. Free. chaskell@eurekaca.gov. eurekaheroes.org. (707) 382-5338.

SPORTS

Lost Coast Cornhole League Night. Third Thursday of every month, 6-10 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Monthly league nights are open to all ages and skill levels. Registration opens at 5 p.m. Games at 6 p.m. Different format each week. Bags are available to borrow if you do not own a set. Drinks available at the Canteen. Outside food OK. \$15. mike@buffaloboard.com.

20 Friday

ART

Life Drawing Sessions. 10 a.m.-noon. Redwood Art Association Gallery, 603 F St., Eureka. Hosted by Joyce Jonté. \$10, cash or Venmo.

BOOKS

Weekly Preschool Story Time. Eureka Library, 1313 Third St. Talk, sing, read, write and play together in the children's room. For children 2 to 6 years old with their caregivers. Other family members are welcome to join in the fun. Free. manthony@co.humboldt.ca.us. humlib.org. (707) 269-1910.

LECTURE

Let's Talk About Palestine and Israel. 5:30 p.m. Church of Jesus Christ of Latter-Day Saints, 2806 Dolbeer St., Eureka. Cal Poly Humboldt and College of the Redwoods teachers and students, local faith leaders and county community members discuss the Palestinian-Israeli conflict. Culminating in Shabbat ritual/dinner at 6:55 p.m. Speakers: Dean Peter Blakemore, Prof. Stuart Altschuler. Free. sara.hart@humboldt.edu. forms.office.com/r/YNzgv78pTG.

MUSIC

Gimme Gimme Disco. 7:30-11:59 p.m. Arcata Theatre Lounge, 1036 G St. DJ-based dance party playing all your favorite ABBA tracks, plus disco hits from the '70s and '80s. \$25. info@arcatatheatre.com. facebook.com/events/1917604401997152/. (707) 613-3030.

Third Friday Jazz: 'La Vie en Claire.' 7:30 p.m. Trinidad Town Hall, 409 Trinity St. Songstress Claire Bent and RLAD bring their favorites from the "Great American Songbook." Drinks and snacks available. \$5-\$20 sliding scale.

THEATER

Blithe Spirit. 7:30 p.m. Ferndale Repertory Theatre, 447 Main St. Noel Coward's witty and haunting comedy about a novelist whose séance brings back the ghost of his first wife. Through Oct. 6. \$18, \$16 students/seniors, a \$2 Historical Building Preservation fee will be added to each ticket. ferndalerep.org.

Sweeney Todd. 8 p.m. 5th and D Street Theater, 300 Fifth St., Eureka. North Coast Repertory Theatre presents the twisted story of a man wrongly accused of a crime, who returns to London hell-bent on revenge. Through Oct. 20. \$20, \$18 seniors/students, \$75 for VIP tables for two w/ beverages and pie. ncrt.net.

EVENTS

Bargain Lovers' Weekend. Ferndale Main Street, Ferndale. Garage sales, sidewalk sales, barn sales and more. Some Thursday evening previews available. Free. info@visitferndale.com. (707) 786-4477.

Trivia Night. 6:30-8 p.m. Natural History Museum of Cal Poly Humboldt, 1242 G St., Arcata. Teams compete to answer

natural history and nature themed-trivia questions. Teams with the most correct answers throughout the night will be awarded prizes. \$6. natus@humboldt.edu. (707) 826-4480.

FOR KIDS

Kid's Night at the Museum. 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. \$17-\$20. info@discovery-museum.org. discovery-museum.org/classesprograms.html. (707) 443-9694.

Storytime in Spanish/Tiempo de Cuentos en Español. 3:30-4 p.m. Fortuna Library, 753 14th St. *Vamos a celebrar la alfabetización temprana con cuentos y canciones en español. El programa es diseñado para niños de edades 2-6 y sus padres, pero también nos pueden acompañar otros miembros de la familia.* Celebrating early literacy with stories and songs in Spanish. For children ages 2-6 and their parents or caregivers, but other family members are welcome. Free. (707) 725-3460.

Weekly Preschool Storytime. Eureka Library, 1313 Third St. Talk, sing, read, write and play together in the children's room. For children 2 to 6 years old with their caregivers and other family members. Free. manthony@co.humboldt.ca.us. humboldtgov.org/Calendar.aspx?EID=8274. (707) 269-1910.

FOOD

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Meat, eggs, produce, oysters, plants, mushrooms, jam, hot food and art. No pets are allowed, but trained, ADA certified, service animals are welcome. CalFresh EBT customers are able to receive a market match at every farmers market. (707) 441-9999.

21 Saturday

ART

Reception for Camille Regli. 4-6 p.m. Ferndale Arts Gallery, 535 Main St. Celebrating founding member and past president Camille Regli upon her retirement. Light refreshments and beverages served. Live music by Har-monoius with Roger Vernon and Dave Buescher. Free. ferndalearts.com. (707) 786-7051.

BOOKS

Storytime with Ms. Sue and Sunshine the Chicken. 11-11:30 a.m. Arcata Library, 500 Seventh St. Join us for pre-school story time, plus shaker eggs, songs, and real-life fune. Sponsored by First Five Humboldt and Cal Poly Humboldt. Fre. (707) 822-5954.

MUSIC

An American Night at the Opera. 7:30-9:30 p.m. Calvary Lutheran Church, 716 South Ave., Eureka. The Eureka Chamber Music Series starts the concert season with arias, duets and piano solos by George Gershwin, Stephen Sondheim, Carlisle Floyd and Leonard Bernstein. Pianist Ronny Michael Greenberg, soprano Olivia Smith and tenor César Delgado. \$40, \$10 students. admin@eurekachambermusic.org. eureka-chambermusic.org. (707) 273-6975.

Busk and Bloom. 12-2 p.m. Eureka Florist & Fine Gifts, 524 Henderson St. Talented musicians from Humboldt County. Free. eurekafloristanddesign@gmail.com. eurekaflorist.net. (707) 443-4811.

Mark Farina. 7-11:59 p.m. Arcata Theatre Lounge, 1036 G St. House, acid jazz, down tempo DJ. \$26. info@arcatatheatre.com. facebook.com/events/8058082800966413/. (707) 613-3030.

TSEF Fundraiser. 6-10 p.m. Septentrio Tasting Room, 650 Sixth St., Arcata. Music from Sweetums and Redwood Steel, wine, Mother's Cooking, 50/50 raffle, silent auction

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to benefit Trinidad School Education Foundation. Donation. humboldtsteelpan@gmail.com. (707) 677-3631.

THEATER

Blithe Spirit. 7:30 p.m. Ferndale Repertory Theatre, 447 Main St. See Sept. 20 listing.

Sweeney Todd. 8 p.m. 5th and D Street Theater, 300 Fifth St., Eureka. See Sept. 20 listing.

EVENTS

Coldwell Banker Sellers Realty Pet Adoption. 10 a.m.-2 p.m. Coldwell-Banker Realty, 985 G St., Arcata. Pet rescue organizations provide adoption and pet care information. Adoptable puppies, dogs, kittens and cats will be on site for viewing.

Gathering with Ann Lindsay of Life Plan Humboldt. 1-2 p.m.

Fortuna Senior Center, 3811 Rohnerville Road. The board president of Life Plan Humboldt discusses the new not-for-profit senior community offering independent living cottages and apartments, assisted living and memory care for seniors, plus 50 affordable senior apartments on 14.5 acres in the McKinleyville Town Center. Free. outreach@lifeplanhumboldt.org. lifeplanhumboldt.org/event/fortuna-senior-center-gathering-with-speaker-ann-lindsay/. (707) 726-9203.

Humboldt County Fungi Fest. 4-10 p.m. Culture Shrooms Shop, 774 Ninth St., Arcata. Local mycological societies' presentations, interactive identification tables and workshops led by local knowledgeable experts. Mushroom-based food and drinks prepared by local artisans and restaurants. Free. aixa@myceliumatters.com. eventbrite.com/e/humboldt-county-fungi-fest-tickets-1009027015967?aff=ebdssb-destdsearch. (915) 873-2219.

Loleta Community Celebration. 12-9 p.m. Loleta Downtown Park, 271 Main St. Previously known as Swauger Station Day, the Loleta Community Celebration includes, vendors, food trucks, a movie in the park and live music. Family friendly. Free. flenghiano@gmail.com. (707) 499-9040.

North Country Fair. 10 a.m.-6 p.m. Arcata Plaza, Ninth and G streets. The 50th anniversary of the family-friendly festival. Featuring 175 art and craft vendors, three music and entertainment stages, local food booths, activities for kids and a daily parade at 1 p.m. Free. director@northcountryfair.org. northcountryfair.org.

FOR KIDS

Day For Kids. 1-4 p.m. Boys and Girls Club Teen Center, 3015 J St., Eureka. Meet the Boys & Girls Club of the Redwoods staff and enjoy hot wheels racing, a bounce house, shooting hoops, skateboarding and food. Child finger printing offered by EPD, tabling and booths. All ages, under 12 must have a parent or guardian accompany them.

Playdates in the Park. 2-4 p.m. Carlson Park, 5201 Carlson Park Drive, Arcata. Drop in for a safe and comfortable place for families to meet and share parenting and play experiences with children birth to 5 years. Weather permitting. *Fechas Para Jugar tiene una facilitadora que habla español.* Free. rec@cityofarcata.org.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Humboldt-grown and GMO-free produce along with plants, meats and other products. Live music.

MEETINGS

Toastmasters International. Third Saturday of every month, 7-8 a.m. Virtual World, Online. Members meet to deliver and evaluate prepared and impromptu speeches to improve as speakers and leaders. Meetings stream at <https://tinyurl.com/zoomwithmidday> and <https://us02web.zoom.us/j/9239283290>. distinguished@rocketmail.com. 4139. toastmastersclubs.org. (855) 402-8255.

OUTDOORS

Arcata Marsh and Wildlife Sanctuary Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet trip leader Chet Ogan at the end of South I Street (Klopp Lake) for views of Humboldt Bay, easy-to-walk trails and diverse birdlife. Free. rras.org.

FOAM Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet leader Paul Wilson at 2 p.m. in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on fruits. (707) 826-2359.

Forest Restoration at Rohner Park. Third Saturday of every month, 9-11 a.m. Fortuna Firemen's Pavilion, 9 Park St. Remove invasive English ivy and French broom. Tools and gloves available but you are encouraged to bring your own. High winds or heavy rain cancels. Light snack provided. Free. unde1942@gmail.com. (707) 601-6753.

Nature Quest Day Walks. 10 a.m.-5 p.m. Headwaters Forest Reserve, End of Elk River Road, 6 miles off U.S. Highway 101, Eureka. Redwood hikes, reflective practices and more. See flyer for more information.

SPORTS

Hard Fought Championship. 8 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Mixed Martial Arts and kick-boxing. 21 and up. \$55. bluelakecasino.com.

Humboldt Roller Derby. 6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The Fall Brawl: HRD vs. Southern Oregon Derby and Monterey Bay Roller Derby. Concessions and local brews available. Doors at 5 p.m. \$15, \$12 advance, free for kids under 10. humboldtrollerderby.com/.

Tour of the Unknown Coast. 7 a.m.-6 p.m. City of Ferndale.

Starting in the historic town of Ferndale, the course passes through towering redwoods, over coastal mountains and along the rim of the Pacific Ocean. tuccycle.org/.

ETC

The Bike Library. 12-4 p.m. The Bike Library, 1286 L St., Arcata. Hands-on repair lessons and general maintenance, used bicycles and parts for sale. Donations of parts and bicycles gladly accepted. nothingtoseehere@riseup.net.

Thursday-Friday-Saturday Canteen. 3-9 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. Enjoy a cold beverage in the canteen with comrades. Play pool or darts. If you're a veteran, this place is for you. Free. PearceHansen999@outlook.com. (707) 443-5331.

22 Sunday

DANCE

Afro-Fusion Feel and Flow. 11 a.m.-12:30 p.m. The Sanctuary, 1301 J St., Arcata. Explore and enjoy a fusion of West African movements from Guinea, Senegal, Liberia, Congo and Mali with the genre of Afro beats and traditional West African drumming. \$10-\$15. together@sanctuaryarcata.org. sanctuaryarcata.org. (707) 822-0898.

MOVIES

The Big Lebowski (1998). 5-8 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show 5 p.m. Movie at 6 p.m. Jeff "The Dude" Lebowski is mistaken for a millionaire of the same name in this slacker noir. \$8, \$12 admission and poster. info@arcatatheatre.com. facebook.com/events/794089355943051. (707) 613-3030.

MUSIC

American Art Song and Mexican Canciones. 3-4 p.m. Lutheran Church of Arcata, 151 E. 16th St. A concert and conversation featuring songs from the American songbook as well as Mexican canciones. Presented by the Eureka Chamber Music Series. \$20, \$5 students. admin@eurekachambermusic.org. eurekachambermusic.org/. (707) 273-6975.

THEATER

Blithe Spirit. 2 p.m. Ferndale Repertory Theatre, 447 Main St. See Sept. 20 listing.

Sweeney Todd. 2 p.m. 5th and D Street Theater, 300 Fifth St., Eureka. See Sept. 20 listing.

EVENTS

Blue Lake Sunday Social. 12-4 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. The Blue Lake Block Parties team presents food and artisan vendors, music, sunshine, farm stands and more every Sunday in September. bluelakeblockparties@gmail.com. facebook.com/LoggerBar.

North Country Fair. 10 a.m.-6 p.m. Arcata Plaza, Ninth and G streets. See Sept. 21 listing.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

23 Monday

ART

Life Drawing Sessions. 6-8 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See Sept. 20 listing.

ELECTIONS

Chris Rogers Meet and Greet. 1 p.m. The Sanctuary, 1301 J St., Arcata. The Humboldt chapters of Health Care for All-CA and Physicians for a National Health Program are hosting an in-person meet and greet with CA District 2 Assembly candidate Chris Rogers. Refreshments will be served. sanctuaryarcata.org.



\$13⁹⁹ LARGE Cowboy Pizza

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839-8763

ARCATA
822-6220

EUREKA
443-9977

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725-9391

FOOD

Miranda Farmers Market. 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Fresh produce, mushrooms, beef and pork, eggs, honey, crafts, body products, jams and plants. (707) 441-9999.

SPORTS

Valley West Community Hoop Nights. 5:30-7:30 p.m. Valley West Park, Hallen Drive, Arcata. A month-long basketball program for all levels. Drills, skills challenges and fun basketball games to help improve your game and make new friends. Free.

ETC

Homesharing Info Session. 9:30-10 a.m. and 1-1:30 p.m. This informational Zoom session will go over the steps and safeguards of Area 1 Agency on Aging's matching process and the different types of homeshare partnerships. Email for the link. Free. homeshare@alaa.org. alaa.org/homesharing. (707) 442-3763.

24 Tuesday

LECTURE

Dolores Huerta Civic Engagement Speaker Series. 11 a.m.-noon. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. College of the Redwoods presents: The Power of Civic Engagement and Why Your Vote Matters, a series designed to inspire civic participation among students and the larger community and emphasize the importance of voting. redwoods.edu/speakerseries.html.

MUSIC

Hot Tuna. 7 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata. Psych rock. \$20-\$55.

EVENTS

Transfer Student Day. 12:30-3:30 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Students can meet admissions counselors from universities and colleges in the Learning Resources Center for information and map out their transfer plans. (707) 476-4150.

FOOD

Fortuna Certified Farmers Market. 3-6 p.m. 10th and Main streets, 10th and Main streets, Fortuna. Fruits and vegetables, crafts, music and hot food vendors. No pets allowed, but trained, ADA certified, service animals welcome. CalFresh EBT customers receive a market match at every farmers market. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/fortuna.html. (707) 441-9999.

Old Town Certified Farmers Market. 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fruits and veg-

etables, bread, donuts, jam, crafts and live music. No pets, but trained, ADA certified, service animals are welcome. CalFresh EBT customers are able to receive a market match at every farmers market. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/oldtown.html. (707) 441-9999.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. In-season produce, veggie starts, plants, grass-fed beef, pastured poultry and eggs, flowers, soap, herbal products and arts and crafts. gyppo.com. (707) 441-9999.

MEETINGS

Humboldt Cribbage Club Tournament. 6:15-9 p.m. Moose Lodge, 4328 Campton Road, Eureka. Weekly six-game cribbage tournament for experienced players. Inexperienced players may watch, learn and play on the side. Moose dinner available at 5:30 p.m. \$3-\$8. 31for14@gmail.com. (707) 599-4605.

Humboldt Stamp Collectors' Club. Fourth Tuesday of every month, 6-8 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. New collectors and experts welcome. Learn about stamps, collecting and see local experts in stamps share their collections. Free. humstampclub@gmail.com.

Parent Project. 6-8 p.m. Gene Lucas Community Center, 3300 Newburg Ave., Fortuna. A 10-week series on improving relationships, effective discipline to improve school attendance and performance, reduce substance use and negative peer influences, and address destructive behavior. Meet other parents in similar situations in a judgment-free zone and develop a new support system. Free. fortunatc@bgcredwoods.org. glccenter.org. (707) 617-8160.

Toastmasters International. Fourth Tuesday of every month, 8:30-9:30 a.m. Virtual World, Online. See Sept. 21 listing.

OUTDOORS

Nature Journaling at the Arcata Marsh. Last Tuesday of every month, 9-11 a.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. No pre-registration required but sessions are limited to the first 10 people to show up. All ages welcome, if they can concentrate quietly for an extended period. Heavy rain cancels. Clipboards and colored pencils provided; bring notebook, journal or other paper and a writing implement. Wear weather-appropriate clothing. info@arcatamarshfriends.org. (707) 826-2359.

SPORTS

Women's Soccer League. 6-7 p.m. Arcata Sports Complex, 321 Community Park Way. Fall Women's League with Humboldt Soccer League. All skill levels welcome. The pickup-style games mean teams are mixed up every week.

Continued on next page »



ART & WINE FESTIVAL

Fine Wine ♦ Local Artisans
Oysters ♦ Live Music ♦ Beer
Good Eats For All ♦ Silent Auction

SATURDAY
28 SEPTEMBER 2024
11 AM - 4 PM
FIELDBROOK WINERY

Presented by the
Fieldbrook Education Foundation
in partnership with Fieldbrook Winery

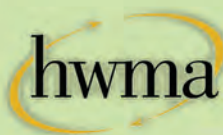
Proceeds benefit educational projects at
Fieldbrook Elementary School

NO PETS PLEASE



Are You Changing Your Own Oil and Oil Filter? GOOD JOB!

Don't stop there though. Please take the time to recycle your oil and filter. Humboldt County has over 20 locations that will recycle them for **FREE!** Find a recycling location near you by visiting hwma.net/used-oil or call (707) 268-8680.



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FERNDALE JUNIOR HIGH Halloween Carnival BELOTTI HALL: FERNDALE FAIRGROUNDS FRIDAY

October 4th, 5:00-8:00PM

JOIN US FOR A NIGHT OF
FAMILY FUN!

WEAR YOUR HALLOWEEN
COSTUMES!

SILENT AUCTION!

FUN AND GAMES FOR ALL
AGES!

GAME TICKETS CAN BE
PURCHASED AT THE
CARNIVAL!

ADMISSION IS FREE!

PULLED PORK
SANDWICH.....\$10.00

MEAL COMES WITH
COLESLAW, DRINK, AND
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ELEMENTARY AT 786.5300 EXT. 336

NCJ CALENDAR

Continued from previous page

\$20 for the six-game season. humboldtsoccerleague@gmail.com. humboldtsoccerleague.com/Default.aspx?tabid=1034659.

ETC

English Express: An English Language Class for Adults. Virtual World, Online. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpressempowered.com. (707) 443-5021.

25 Wednesday

BOOKS

Storytime with Ms. Sue and Sunshine the Chicken. 11-11:30 a.m. Arcata Library, 500 Seventh St. See Sept. 21 listing.

MOVIES

Pioneering Asian American Stars from the Golden Age of Hollywood. 5:30-8 p.m. Eureka Library, 1313 Third St. Screening of *Phantom of Chinatown* (1940) and *Daughter of Shanghai* (1937), followed by a discussion of these rare examples of "Golden Age" movies starring Asian American actors rather than actors in "yellowface." Free. lelehnia@clarkemuseum.org. clarkemuseum.org/chinese-pioneers-events.html. (707) 443-1947.

Roadmap to Apartheid (2012). 7 p.m. Minor Theatre, 1001 H St., Arcata. Documentary that explores the historical parallels between the South African and Israeli apartheid systems. Narrated by Alice Walker. Film directors Ane Nogueira and Eron Davidson join the panel discussion following the screening of the film. \$5-\$15.

Sci-Fi Night: Tank Girl (1995). 6-9 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show 6 p.m. Raffle 6:45 p.m. Main feature 7 p.m. In a dystopian Earth, a girl drives a war tank and fights a mega-corporation controlling the planet's water. \$6, \$10 admission and poster. info@arcatatheatre.com. facebook.com/events/1179370196614101/. (707) 613-3030.

MEETINGS

Humboldt Health Care for All. Fourth Wednesday of every month, 5-6:30 p.m. The Sanctuary, 1301 J St., Arcata. Humboldt Health Care for All/Physicians for a National Health Program meet by Zoom every fourth Wednesday. Email for meeting link. healthcareforallhumboldt@gmail.com. sanctuaryarcata.org.

SPORTS

Valley West Community Hoop Nights. 5:30-7:30 p.m. Valley West Park, Hallen Drive, Arcata. See Sept. 23 listing.

26 Thursday

ART

Figure Drawing at Synopsis. 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. See Sept. 19 listing.

BOOKS

A Novel Idea Book Group: Tomorrow, and Tomorrow, and Tomorrow. 6-7 p.m. Arcata Library, 500 Seventh St. Attend in person or via Zoom to discuss the novel about the relationship between video game design partners. Free. (707) 822-5954.

MUSIC

Bobby Alu. 7 p.m. Arcata Playhouse, 1251 Ninth St. Polynesian rhythms, soulful melodies and a positive, uplifting vibe. \$23. info@arcataplayhouse.org. playhousearts.org. (707) 822-1575.

EVENTS

Dine and Donate: Walk to End Alzheimer's Fundraiser. 5-9 p.m. Plaza Grill, 780 Seventh St., Jacoby's Storehouse Third

Floor, Arcata. Includes a silent auction and an opportunity drawing. plazagrillarcata.com.

Humboldt Creative Alliance Mixer. 5:30-6:30 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. A convivial happy hour of friendship and sharing for artists, creatives and lovers of art. humccreativealliance@gmail.com. facebook.com/events/1741310936407727. (210) 364-7024.

McKinleyville Chamber of Commerce Mixer. 5:30-7 p.m. Boys & Girls of the Redwoods McKinleyville, 1685 Gwin Road. Join the chamber and co-hosts Boys & Girls Club of the Redwoods for networking, refreshments, a raffle and more. mckinleyvillechamber@gmail.com. (707) 839-2449.

North Coast Stand Down. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Veterans and their families are invited to join for services, food, clothing and community. Overnight stays are welcome, bring your pets. Saturday Veterans Day barbecue and live music.

Treasure Sale. 9 a.m.-4 p.m. Fortuna Senior Center, 3811 Rohnerville Road. Hosted by the Fortuna Senior Center in its new location. admin@fortunasenior.org. fortunasenior.org. (707) 726-9203.

FOR KIDS

Humboldt County Teen Court New Volunteer Training. 4:15-6:30 p.m. Boys & Girls Club of the Redwoods, 939 Harris St., Eureka. Teen Court is a real court run by teens for teens based on restorative justice, community building, peer-led support and healing. Volunteers earn community service hours, help make a difference in another teen's life. hcteen-court@bgcredwoods.org. (707) 444-0153.

FOOD

HBF Spaghetti Feed and Silent Auction. 5-8 p.m. Wharfinger Building, 1 Marina Way, Eureka. Fundraiser for Inspector Kemonte Cook. Please purchase tickets at the HBF Station 1 at 533 C St., Eureka.

Henderson Center Certified Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Sept. 19 listing.

McKinleyville Certified Farmers Market. Eureka Natural Foods, McKinleyville, 2165 Central Ave. See Sept. 19 listing.

GARDEN

Eureka Rhododendron Society: Guest Speaker Molly Barker. 7-9 p.m. Eureka Woman's Club, 1531 J St. Barker, of the Mendocino Botanical Garden shares stories from her 40-year career in horticulture. Free. eurekarhody.org.

MEETINGS

Creative Community Mixer. Fourth Thursday of every month, 5:30-7 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. Join for drinks and yumies, socialize and share with fellow creatives and artists to build community and mutual reliance. Free. events@historiceaglehouse.com. facebook.com/events/1015029866537194/1015032219870292. (707) 444-3344.

OUTDOORS

Nature Quest. 3-6 p.m. Headwaters Forest Reserve, End of Elk River Road, 6 miles off U.S. Highway 101, Eureka. See Sept. 19 listing.

SPORTS

Lost Coast Cornhole League Night. Fourth and Last Thursday of every month, 6-10 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. See Sept. 19 listing.

ETC

OUT 4 Business. Last Thursday of every month, 5-7 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. An LGBTQ+ professionals networking mixer providing an open and welcoming environment for all people of the LGBTQ+ community as well as friends, allies and business professionals who value diversity and inclusivity. events@historiceaglehouse.com. fb.me/e/3XK7QZyuk. (707) 444-3344. ●

Speak No Evil's Toxic Traits

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com



We saw you from across the plaza and love your vibe.

Speak No Evil

SPEAK NO EVIL. It was only after seeing this English language remake — a softer version than the 2022 original Danish film of the same title, I'm told — that I realized the Danes must be a good deal tougher and take their drama bleaker than I do ("Hell is Visiting Other People," Sept. 22, 2022). Because if this is the cheery Hollywood version, well, damn. Director James Watkins may have shown a measure of mercy on us with the remake, but the end product is still an unrelentingly uncomfortable, frustrating and frightening psychological thriller that maybe you shouldn't see with your spouse if you're having any tension these days.

Ben and Louise (Scoot McNairy and Mackenzie Davis) are traveling in Italy with their daughter Agnes (Alix West Lefler) in the wake of a move to London for his work and the swift closure of his branch office. Now at leisure from his job and the career Louise left in the U.S. when they moved, they are free to dwell on their marital tension and Ben's anxiety over how their daughter copes with her anxiety, mostly by clinging to a stuffed bunny he thinks she's too old for. They vacation-bond with forcefully gregarious doctor Paddy (James McAvoy), who speaks with rapid-fire sureness as if into a podcast mic, and pixie-ish Ciara (Aisling Franciosi), and their son Ant (Dan Hough), who doesn't speak. Their casual invitation for the new Londoners to visit them in the West Country away is followed up with a postcard reminder that, against all sense and vibes, they accept, though with more enthusiasm on Ben's part. Once at the old, ramshackle farm, awkward moments bloom into creepiness as boundaries are pushed and Louise, in particular, is pressured to ignore her instincts to avoid conflict, even when things turn scary.

McAvoy's ability to make sudden, jolting shifts from charm to intimidation to raw vulnerability is put to good use here, both in moments where Paddy's emotions are ricocheting around a dining room or when he's changing tack for manipulation. Running roughshod over Ben and Louise's

boundaries, as when he sits their daughter on his Vespa despite their misgivings or presses vegetarian Louise to taste roast goose, is a kind of seduction, particularly of Ben. He wears them down past polite refusal and waits for them to choose manners over standing up for themselves, peace over right. And in doing so, Ben is drawn to his power. McNairy conveys not only Ben's weakness, but the particular alchemy of fragile masculinity in which dominance over women becomes a way of expressing fealty, sometimes deeply obsequiously, to other men. (Ben sitting up in bed with a book Paddy recommends about lassoing his inner cowboy is moment of comic relief and thematic reinforcement.) If the homoerotic element of this dynamic wasn't driven home by Paddy's car karaoke with intense eye contact that may change the Bangles for you forever, their primal screaming by a phallic tower should do it.

Somewhere in the root cellar of my mind is the fear that a loose militia of straight dudes in tank tops and flannels will take up this film and McAvoy's molar-grinding aggression as a model of power to be emulated in the same way others took *Fight Club's* (1999) skewering of toxic masculinity as a how-to for better living. That "red-pilled" right wingers found their spiritual home in *The Matrix* (1999) — made by trans filmmakers the Wachowski sisters — is more mind twisting than the franchise's plots could have ever hoped to be.

Watkins may escape this fate if only by the lack of glamour in *Speak No Evil*. The interiors are a grubby contrast to the scenic countryside and you could not pay me to eat off a plate in that kitchen. Even the action, which takes off with a shot in the third act, is a messy, stumbling business without a hint of slickness.

Davis' Louise spends most of the film at

tables fighting to balance civility and dignity while on the defense from questions about her ethics and parenting, and in private, navigating the damage she's done to her marriage and her husband. But when things get heavy, makes a believable leap from wariness and complaint to scrambling action. Like everyone, though, she's working in McAvoy's unhinged shadow. Well, everyone but the desperate Ant, to whom my mind continues to stray in the wake of young Hough's intense performance. (Is he OK? Someone please check on this child.) That it's as affecting as it is despite the spoilers in the trailers and ads is not nothing, either. If Ben and Louise are an object lesson in the perils of going along to get along, Ant demonstrates the damage wrought by both extremes, and the false hope we pin on resilience. R. 110M. BROADWAY, MILL CREEK. ●

Jennifer Fumiko Cahill (she/her) is the arts and features editor at the . Reach her at (707) 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Instagram @JFumikoCahill.

NOW PLAYING

ALIEN: ROMULUS. Do you want chest-bursting, face-hugging, acid-bleeding Xenomorphs? Because colonizing space is how we get chest-bursting, face-hugging, acid-bleeding Xenomorphs. R. 119M. BROADWAY.

AM I RACIST? Well, it's Matt Walsh in a bad wig as a DEI consultant, so probably. PG13. 101M. BROADWAY.

BEETLEJUICE BEETLEJUICE. Jenna Ortega joins Winona Ryder, Catherine O'Hara and Michael Keaton in the resurrection of the creepy comedy classic. PG13. 104M. BROADWAY, MILL CREEK, MINOR.

CORALINE. The creepy, button-eyed kids' classic. PG. 100M. BROADWAY (3D).

DEADPOOL & WOLVERINE. Our old friends reluctantly team up to defeat a common enemy, with Ryan Reynolds and Hugh Jackman. R. 132M. BROADWAY, MILL CREEK.

DIDI. Coming-of-age story about a Taiwanese American kid the summer before high school. R. 94M. MINOR.

GOD'S NOT DEAD: IN GOD WE TRUST. The franchise goes to Washington. 96M. BROADWAY.

THE KILLER'S GAME. An assassin (Dave Bautista) with a grim medical diagnosis may have ordered his own death too soon in this action-comedy. R. 104M. BROADWAY, MILL CREEK.

NEVER LET GO. Halle Berry stars as a woman who keeps two boys tethered to their home to protect them from an evil entity about which they have doubts. R. 101M. BROADWAY, MILL CREEK.

REAGAN. Dennis Quaid stars in a biopic that makes his breakup with Meg Ryan make more sense. PG13. 135M. BROADWAY.

SPEAK NO EVIL. James McAvoy as a scary dad reminds us why we don't vacation with families we don't know very well. R. 110M. BROADWAY, MILL CREEK.

THE SUBSTANCE. An aging celebrity (Demi Moore) tries a shady age reversal treatment with serious side effects. With Margaret Qualley and Dennis Quaid. R. 140M. BROADWAY, MILL CREEK.

TRANSFORMERS ONE. Bros-to-emies origin story for the robo-cars. PG. 104M. BROADWAY (3D), MILL CREEK (3D), MINOR.

For showtimes call: Broadway Cinema (707) 443-3456; Mill Creek Cinema 839-3456; Minor Theatre (707) 822-3456.

CROSSWORD

By Matt Jones

1	2	3	4		5	6	7	8	9		10	11	12	13
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68					69						70			
71					72						73			

"BUT WHY THOUGH?"

ANSWERS NEXT WEEK!

© 2024 MATT JONES

- ACROSS
1. Morse code symbol

5. Suffix meaning "lover"

10. 1950s poem with the phrase "pingpong of the abyss"

14. Penne ___ vodka

15. ___ -Leste (U.N. member since 2002)

16. Like some arguments

17. French businessman with a politically controversial namesake cosmetics company

19. Sextet halved

20. ___ Hawkins Dance

21. Historic Tampa neighborhood known for its cigar factories

23. Little nitwit

26. Came down

27. "Après ___, le déluge ..."

30. Succulent plant

31. "Danny and the Dinosaur" author

32. Bronx-born member of Congress, familiarly

33. Pork ___ (convenience store snacks)

35. Therefore

39. NHL Hall of Famer Steve who led the Detroit Red Wings to three Stanley Cups and is now their general manager

41. Element #39 (one of four named after the same Swedish village)

44. Flying start?

45. Mario character hatched from an egg

47. Dr. behind Beats headphones

48. Consumed

51. Dramatist Coward

52. Japanese flag symbol

53. Sword-and-___ (period film genre)

56. Fencing swords

58. Peruvian-born

1950s singer with a Guinness-certified five-octave range

60. Car wash step

64. Decisive defeat

65. Tropical plant with oils used in perfume

68. Land area

69. Tougher to come by

70. Sacha Baron Cohen persona

71. 1/168th of a week

72. "___ it goes"

73. Drains energy

to it!"

8. "Stay" singer Lisa

9. Baseball misplays

10. Drink popular with fall leaf-watchers

11. Former senator Hatch

12. Rider-___ (popular tarot deck)

13. Christopher who played Doc Brown

18. Prepare, as leftovers

22. Light beam

24. Film director Kazan

25. "The Daily Show" correspondent

27. Past and future

28. Move like molasses

29. Cake decorator

34. Computer admin

36. Clears

37. Expert

38. Albatross, in some literary works

40. Open-top car

42. "From hell's heart I stab at ___" ("Moby-Dick" quote)

43. Factory that makes mosaic pieces

46. Minimal poker draw

49. Letter after sigma

50. Pet-loving "Tiny Toon Adventures" character

53. Dark-skinned wine grape

54. Old Exxon competitor with a torch logo

55. Pacific island nation that had one sprinter in the 2024 Olympics

57. George Eliot's "___ Marner"

59. Actor Alda

61. Disney feline

62. Tiny cut

63. Carton purchase

66. "Metroid" console

67. Miracle-___ (garden product)
- DOWN
1. Makeup of a week

2. Edison's middle name

3. Winter transport

4. "Rumour ___" (hit song by Adele)

5. Hrs. accrued for vacation, in many workplaces

6. "Drank water too fast" sound

7. "Really looking forward

LAST WEEK'S ANSWERS TO DUCT AND COVER

U	N	A			D	O	F	F	S		D	A	D
P	E	R	I	L		S	H	A	R	E		O	L
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			O	N	A	W	I	R	E			W	O
C	L	I	N	T		E	L	O		H	O	N	E
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O	V	E	N	T	H	E	R	M	O	M	E	T	E
	B	O	O	R		S	U	E		O	F	A	
E	V	E	N	T	O	E	D		B	R	E	W	U
D	E	R		I	N	E	E	D	T	O	V	E	N
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© Puzzles by Pappocom

EASY #72

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		5				2		
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4	2						7	1
	6			9			4	
8	7						9	3
3		2	5		9	4		7
		4				3		
			2		4			

www.sudoku.com

The Beating Heart of a Dead Tree

By Pete Haggard and Jane Monroe
newsroom@northcoastjournal.com

I was working in our winter vegetable garden not long ago, when I heard a deep thumping coming from one of the dead red alders nearby. I scanned the tree but did not see a woodpecker; the sound continued. A walk around the tree revealed a new hole in the trunk: The thumping heartbeat was coming from inside the tree.

As I waited for a bird to exit, a Red Breasted Sapsucker flew over and landed near the hole. The bird chattered to announce its arrival, "Honey, I'm baa-aack!" (my anthropomorphic translation of a bird chirp) and out popped its mate's head. After a little more back and forth talk, the pair traded places and the bird that had been excavating the hole flew off to take a break from hammering on the new living quarters and removing the sawdust accumulating in the nest. Both birds refreshed themselves at a nearby ceanothus by drinking sap from grooves they gouged into its trunk. The sapsuckers regularly took turns working in the alder over a period of three months until they had enlarged the inside nest area to their satisfaction.

This alder died about three years ago, but from 1977 until 2020, it sheltered our house in the summer. The local wildlife appreciated it, too: Insect-eating birds found rich dining among its branches, its leaves and roots provided food for wildlife like woolly bears and voles, and its bark provided a surface on which lichen grew their complex tapestries. The alder's heartwood was food for fungi and invertebrates; the latter in turn attracted pileated woodpeckers, which tore out the center of the tree in a matter of days searching for food. When the tree later fell and broke open on the ground, the heartwood revealed a labyrinth of tunnels, created by numerous beetle species, including longhorn, jewel and stink beetles. Leafcutter and mason bees used the larger beetle tunnels for nests.

Even in death, this single tree will con-



A pair of Red-Bellied Sapsuckers chatting.
Photo by Pete Haggard

tinue to provide food and homes for animals and other organisms for many more years. The decaying wood will be food for invertebrates, slime molds and fungi that break down the wood's cellulose. Salamanders, frogs and snakes will find homes in the alder's skeletal remains, as will bats and wasps. Even overwintering butterflies like mourning cloaks and anglewings can find shelter in hollows in the dead wood.

Hole-nesting birds like woodpeckers and sapsuckers require snags (standing dead trees) for their nests if they are to raise chicks successfully. Snags are rare or nonexistent in urban landscapes and clearcut forests. This lack creates a breach in biodiversity, not just for hole-nesting birds and mammals, but for all organisms dependent on older trees for food and/or shelter. We need to make sure that wildlife — from woolly bears to sapsuckers, bats to bees — continue to be part of our local ecosystem by allowing trees in urban parks and native plant gardens to age naturally. The breadth of life in a dead tree should be a reminder that all of nature is interconnected. ●

WORKSHOPS & CLASSES

List your class – just \$5 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

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Dance/Music/Theater/Film

STRING & WIND MUSIC INSTRUCTION WITH ROB DIGGINS Private lessons, coaching, etc., for kids & adults. All levels. Most styles. Violin, Fiddle, Viola, Electric Violoncello, SynthVioloncello, Trumpet, Cornet, Guitar (acoustic & electric). In-person and/or, online. Near Arcata/Eureka airport. \$80/hr, \$60/45min, \$40/30min. (707) 845-1788 forestviolinogi108@gmail.com

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane or visit www.sunyisarcata.com, (707) 825-0182.

Languages

MANDARIN CHINESE TUTOR in Eureka. 1 to 1 or small groups. \$25 an hour. Larissa 707-338-4724

50 and Better

BEGINNING PICKLEBALL: SKILLS AND DRILLS OPTION 1 WITH JERRY SANER. Learn to play pickleball -- the most popular sport in the world. Through a variety of drills and instruction, you can acquire a good foundation for successful game play. Register by September 18. Every Sun. from Sept. 22-Oct. 27 - 10 a.m.-12 p.m. OLLI members \$80. Sign up today! 707-826-5880 or humboldt.edu/olli.

SPECIAL INTEREST GROUP: BEYOND THE CHECKERED BOARD WITH JERRY SANER. This special interest group will introduce you to the world of board games that is beyond the mainstream games like Monopoly, Sorry, Parcheesi, Life, etc. Discover the various genres of board games -- deck builders, chit and pull, hex and counter, tile layers, and others. You will learn how to play games with different mechanics on a variety of subjects including history, fantasy, comic characters, abstract, and more. You will also learn where to find free "Print and Play" games (PNP) and explore that genre -- games for free! This group is about learning, and not about seeing who can be the best player. Register by September 18. Mon., Sept. 23, Oct. 14 & 28, Nov. 4 & 18 - 5-8 p.m. OLLI members \$35. Sign up today! 707-826-5880 or humboldt.edu/olli.

CHANNELING YOUR MUSE: CREATING A WRITING PRACTICE WITH BONNIE SHAND. This beginning creative writing class offers an opportunity to dig deep and write about the things you want to express in prose or poetry. Learn to weave music into your use of language, to give it breath and a heartbeat. A safe environment is created for you to share your work and receive constructive feedback. Register by September 23. Thurs., Sept. 26-Oct. 17 - 2-4 p.m. OLLI members \$65. Sign up today! 707-826-5880 or humboldt.edu/olli.

CHAIR PILATES WITH SUMMER TURNER. Build core stability with low-impact and full body exercises that focus on strengthening muscles while improving flexibility, posture, mobility, and balance. By staying seated (or standing), modified Pilates movements and exercises are accessible to any body, at any age! Students will move slowly and gently, and will be encouraged to pay attention to their body in order to be comfortable and safe while exercising. A padded folding chair will be provided, and small Pilates props will be incorporated into each class. Register by September 24. Fri., Sept. 27-Oct. 11 - 9-10:15 a.m. In person: Humboldt Pilates. OLLI members \$65. Sign up today! 707-826-5880 or humboldt.edu/olli.

BACKYARD BIRDING WITH HAVEN LEWINTER. Discover the joys of backyard birding! In this hands-on course you'll learn to use a field guide, identify local birds, understand their seasonal patterns, use bird feeders responsibly, and create a bird-friendly garden with plants that attract birds and other pollinators. Perfect for nature enthusiasts! Register by September 25. Sat., Sept. 28 - 10 a.m.-12 p.m. OLLI members \$40. Sign up today! 707-826-5880 or humboldt.edu/olli.

TAKE A CLASS WITH OLLI New! Registration for OLLI classes close 3 business days before the class start date. Anyone can take an OLLI class. Join OLLI today and get the member discount on classes. Non-members add \$25 to the class fee listed. humboldt.edu/olli/classes

Spiritual

EVOLUTIONARY TAROT Ongoing Zoom classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com

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Vocational

ADDITIONAL ONLINE CLASSES College of the Redwoods Community Education and Ed2GO have partnered to offer a variety of short term and career courses in an online format. Visit <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/4916/Additional-Online-Classes>

EMT REFRESHER October 29, 2024 - November 5, 2024 Call College of the Redwoods Community Education at (707) 476-4500.

FREE COMPUTER SKILLS CLASS visit <https://www.redwoods.edu/adulted> or call College of the Redwoods at 707-476-4500 for more information.

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INSTRUCTORS NEEDED: Bookkeeping (QuickBooks), Microsoft Excel & ServSafe Certification. Call College of Redwoods Community Education at (707) 476-4500.

MEDICAL BILLING & CODING SPECIALIST ONLINE October 1, 2024 - March 6, 2025 Call College of the Redwoods Community Education at (707) 476-4500.

NOTARY October 25, 2024 Call College of the Redwoods Community Education at (707) 476-4500.

PHARMACY TECHNICIAN ONLINE October 12, 2024 - March 22, 2025 Call College of the Redwoods Community Education at (707) 476-4500.

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**National Suicide
Prevention Week**
September 8th-14th

**Early prevention and compassionate care are key to
supporting mental health and preventing suicide.**

Open Door offers Behavioral Health Services.
Talk to your care team to learn more



**NOTICE OF HEARING -
DECEDENT'S ESTATE OR TRUST
CASE NUMBER PR2400229
IN THE SUPERIOR COURT OF
THE STATE OF CALIFORNIA,
COUNTY OF HUMBOLDT**

Estate of Melva L. Duclo also known
as Melva Leon Duclo, Decedent

Notice is hereby given that Donnell
Rene Duclo, Petitioner, has filed a
PETITION FOR LETTERS OF SPECIAL
ADMINISTRATION

A hearing on the matter will be
held as follows:
Date: 10/3/24
Time: 9:30am
Place: Humboldt Superior Court,
825 5th St., Eureka, CA
Dept: 4
Dated: 8/27/24
By: Jacqueline Nichols
Humboldt County
Superior Court Clerk

9/5, 9/12, 9/19 (24-336)

**NOTICE OF PETITION TO
ADMINISTER ESTATE OF
MELVA L. DUCLO also known
as MELVA LEON DUCLO
CASE NO. PR2400229**

To all heirs, beneficiaries, creditors,
contingent creditors and persons
who may otherwise be interested in

the will or estate, or both, of
MELVA L. DUCLO also known as
MELVA LEON DUCLO
A PETITION FOR PROBATE has been
filed by Petitioner DONNELL RENE
DUCLO
In the Superior Court of California,
County of Humboldt.
The petition for probate requests
that DONNELL RENE DUCLO
be appointed as personal represen-
tative to administer the estate of
the decedent.
THE PETITION requests the de-
cedent's will and codicils, if any, be
admitted to probate. The will and
any codicils are available for exam-
ination in the file kept by court.
THE PETITION requests authority to
administer the estate under the
Independent Administration of
Estates Act. (This authority will
allow the personal representative
to take many actions without
obtaining court approval. Before
taking certain very important
actions, however, the personal
representative will be required to
give notice to interested persons
unless they have waived notice or
consented to the proposed action.)
The independent administration
authority will be granted unless an
interested person files an objection
to the petition and shows good

cause why the court should not
grant the authority.

A HEARING on the petition will be
held on October 3, 2024 at 9:30
a.m. at the Superior Court of Cali-
fornia, County of Humboldt, 825
Fifth Street, Eureka, in Dept.: 4

For information on how to appear
remotely for your hearing, please
visit <https://www.humboldt.courts.ca.gov/>

IF YOU OBJECT to the granting of
the petition, you should appear at
the hearing and state your objec-
tions or file written objections with
the court before the hearing. Your
appearance may be in person or by
your attorney.
IF YOU ARE A CREDITOR or a
contingent creditor of the de-
cedent, you must file your claim with
the court and mail a copy to the
personal representative appointed
by the court within the later of
either (1) four months from the
date of first issuance of letters to a
general personal representative, as
defined in section 58(b) of the Cali-
fornia Probate Code, or (2) 60 days
from the date of mailing or
personal delivery to you of a notice
under section 9052 of the California

Probate Code. Other California
statutes and legal authority may
affect your rights as a creditor. You
may want to consult with an
attorney knowledgeable in Cali-
fornia law.
YOU MAY EXAMINE the file kept
by the court. If you are a person
interested in the estate, you may
file with the court a Request for
Special Notice (form DE-154) of the
filing of an inventory and appraisal
of estate assets or of any petition
or account as provided in Probate
Code section 1250. A Request for
Special Notice form is available
from the court clerk.
Attorney for Petitioner:
Patrick O'Rourke, MOBO Law, LLP
527 S. Arlington Avenue
Reno, NV 89509
(775) 624-9480
Filed: August 22, 2024
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

9/5, 9/12, 9/19/2024 (24-335)

LEGAL NOTICE
NOTICE IS HEREBY GIVEN THAT
THE UNDERSIGNED INTENDS TO
SELL THE PERSONAL PROPERTY
DESCRIBED BELOW TO ENFORCE A
LIEN IMPOSED ON SAID PROPERTY
UNDER THE California Self Service

storage facility Act Bus& Prof Code
sb21700-21716.
The undersigned will be sold at
public sale by competitive bidding
on the 4th day of October at 11 am,
on the premises where said prop-
erty has been stored and which is
located at 804 S. Fortuna Blvd,
Fortuna, County of Humboldt, State
of California. The following units
will be sold for cash unless paid for
by tenant prior to auction.

E240 - MIKAYLA BATES
D117 - ANDREA POLLOCK
E230 - BELINDA LUNA
F236 - KRISTEN MELL
F226 - AMBER DOMINGUEZ
C213 - DEBRA WHITE
C231 / C236 - BRENDA FULLER
G104 - DEBORAH GATES
C107 - LACEY JOHNSON
E212 - DAISY MENDEZ-HERRERA
B103 - DEANNA ANDERSON
D116 - CYNTHIA BRISSETTE
C103 - STEVEN SMITH
A212 - DESERIE BRACKETT
A213 - SARA BARRY
C246 - DOMINIC SANTINO

9/19, 9/26/2024 (24-351)

PUBLIC SALE
NOTICE IS HEREBY GIVEN that the
undersigned intends to sell the
personal property described below
to enforce a lien imposed on said
property pursuant to Sections
21700-21716 of the Business &
Professions Code, Section 2328 of
the UCC, Section 535 of the Penal
Code and provisions of the civil
Code.

The undersigned will sell at auction
by competitive bidding on the 25th
of September, 2024, at 9:00 AM, on
the premises where said property
has been stored and which are
located at Rainbow Self Storage.
Arcata and McKinleyville auctions
are online at
www.StorageAuctions.com. The
online auction begins 9/12/24 at
8AM and will end 9/25/24 at 8AM.

The following spaces are located at
4055 Broadway Eureka, CA, County
of Humboldt.

Margaret Holverson, Space #5067
Alexander Smith, Space #5297 (Held
in Company Unit)
Pamela Unger, Space #5504
Michael Hollingshed, Space #5529

The following spaces are located at
639 W. Clark Street Eureka, CA,
County of Humboldt and will be
sold immediately following the sale
of the above units.

Desli Anderson, Space #2014
Rafael Martinez, Space #2914
William Bond, Space #3110

The following spaces are located at
3618 Jacobs Avenue Eureka, CA,
County of Humboldt and will be
sold immediately following the sale
of the above units.

Brian Festag, Space #1372
Gabriel Lang, Space #1623
Steven Zidell, Space #1754
Rocky Coleman, Space #1799

The following spaces are located at
105 Indianola Avenue Eureka, CA,
County of Humboldt and will be
sold immediately following the sale
of the above units.

Patrick Murphy, Space #183
Nathan Morean, Space #201
Denise Alora-Landry, Space #358
Teresa Washington, Space #431
Cara Chmielewski, Space #818
Timothy Wilson, Space #819
Julie Santibanez, Space #838

The following spaces are located at
100 Indianola Avenue Eureka, CA,
County of Humboldt and will be
sold immediately following the sale
of the above units.

None

The following spaces are located at
1641 Holly Drive McKinleyville, CA,
County of Humboldt and will be
sold online at
www.StorageAuctions.com.
Bidding begins September 12th,
2024 and ends September 25th,
2024 at 8AM.

ADVERTISEMENT FOR BIDS

Manila Community Services District
1901 Park Street
Arcata, California 95521
The *Manila Community Services District (MCSD)* is currently advertising for contractor bids regarding its "MCSD Wastewater Infrastructure Improvement Project" ("Project").
Bids will be received electronically until 1:00 p.m. on Thursday, October 10th, 2024 PDT. Bid proposals shall be submitted electronically on the forms contained in the Contract Documents and shall be included as attachment(s) to an email with the subject line "Bid Proposal for MCSD Wastewater Infrastructure Improvement Project" to MCSD care of *GHD Inc.* at brett.vivyan@ghd.com with copy to MCSD at manilacsd1@sbcglobal.net. The email shall also contain the name of the Bidder, their address, license number, and *California Department of Industrial Relations* (DIR) registration number. MCSD shall provide a response email receipt from *GHD Inc.* to the Contractor showing the date and time the submission was received. Bids received after the time specified for opening will not be considered. The Bidder is solely responsible for timely delivery of their bid.
Parties interested in attending the bid opening conference call must submit a request via email to brett.vivyan@ghd.com with the subject line "Request for Invitation to MCSD Wastewater Infrastructure Improvement Project Sealed Bid Opening" by 12:00 p.m. on Thursday, October 10th, 2024 PDT and respond to the invitation that will be sent via email from *GHD Inc.*
A non-mandatory pre-bid conference will be held on site at 10:00 a.m. on Friday, September 20th, 2024 PDT. Interested parties can meet at the MCSD Office located at 1901 Park Street, Arcata, CA 95521.
The Work associated with this project will consist of, but is not limited to, the furnishing of all labor, material, equipment, and supervision for the demolition and disposal of existing facilities, retrofit of an existing wet well with submersible pumps; pump station and treatment plant site improvements; installation of septage screening and holding tank system; and installation of, pumps, controls, aerators, monitoring wells, fencing, septage tank risers, and air release valves and replacement of electrical service panels in multiple locations within the MCSD's service boundary.
The Contract Documents are currently available at the following locations:
Humboldt Builders Exchange, Eureka
North Coast Builders Exchange, Santa Rosa
Shasta Builders Exchange, Redding
Medford Builders Exchange, Medford
Contractors may obtain an electronic copy of the Contract Documents for no cost by emailing brett.vivyan@ghd.com and requesting the "MCSD Wastewater Infrastructure Improvement Project Bid Package" or download from the MCSD's website at <http://manilacsd.com/page3.html>. Contractors are encouraged to carefully read the "Information for Bidders" section in the Contract Documents. Questions concerning these documents must be submitted by email to brett.vivyan@ghd.com and copy to manilacsd1@sbcglobal.net.
This Project requires a valid California contractor's license for Class A General Engineering.
The general prevailing wage rates applicable to the Work are set by the State Director of DIR State of California under Labor Code Section 1771.4. The Contractor will be required to comply with any changes in these wage rates as they are updated by the State government at no cost to the Owner. Prevailing rates are available online at <http://www.dir.ca.gov/DLSR>.
Christopher Drop
General Manager
Manila Community Services District

PUBLIC NOTICE

HOUSING AUTHORITY OF THE COUNTY OF HUMBOLDT

NOTICE IS HEREBY GIVEN that the Housing Authority of the County of Humboldt has completed a draft of the updated Administrative Plan. A copy of the draft is available for review at the Housing Authority web-site www.eurekahumboldtha.org or by request. A public meeting for the purpose of receiving comments on the updated Administrative Plan draft will be held via conference call on Wednesday, October 02, 2024 at 9:00am – 10:00am. The Housing Authority will receive comments regarding the proposed changes starting August 22, 2024 through the close of business on October 07, 2024. To request the draft and obtain conference call phone in instructions, please call (707) 443-4583 ext 219.

The Housing Authority hours of operation
are 9:00am – 4:30pm, Monday through Friday,
alternating every other Friday an off day.



**REQUEST FOR PROPOSAL FOR
ASSISTANT INSPECTOR OF RECORD**

NOTICE IS HEREBY GIVEN that the Governing Board of the Redwoods Community College District, of the County of Humboldt, State of California, is soliciting proposals from qualified inspection firms to perform DSA Inspection Services as Assistant Inspector of Record on the new Physical Education Replace Existing Project at the College of the Redwoods Eureka Campus, **proposals are due on October 21, 2024 at 2:00 PM PST**.
Proposal Documents (RFP) are available at: College of the Redwoods 7351 Tompkins Hill Road, Eureka, CA 95501 Website: <https://www.redwoods.edu/businessoffice/PurchasingInquiries> may be directed to: Leslie Marshall, Director of Facilities and Planning, Email : Leslie-Marshall@redwoods.edu.
PROPOSALS ARE DUE: No later than 2:00 PM PST on October 21, 2024. All proposals must be submitted electronically by email to Leslie-Marshall@redwoods.edu, or a thumb drive by mail to: College of the Redwoods, Office of Facilities and Planning, 7351 Tompkins Hill Road, Eureka, CA 95501.
Only proposals that are in strict conformance with the instructions included in the Request for Statements of Proposals will be considered.
Redwoods Community College District

Alex Simpson, Space #4126
Carly Shortworkman, Space #7117
Roger Jones, Space #8207
The following spaces are located at
2394 Central Avenue McKinleyville
CA, County of Humboldt and will
be sold online at
www.StorageAuctions.com.

NONE

The following spaces are located at
180 F Street Arcata CA, County of
Humboldt and will be sold online at
www.StorageAuctions.com.

Bidding begins September 12th,
2024 and ends September 25th,
2024 at 8AM.

Shyan Washington, Space #4117
Christopher Roberson, Space #4363
Makaia Birimisa, Space #4428
Jack DeCorso, Space #4520
Cory Moloney, Space #4603
Tiffany Bigler, Space #6104
Jack DeCorso, Space #6119
Thomas Dimaria, Space #6157
Arrion Jennings, Space #6163

The following spaces are located at
940 G Street Arcata CA, County of

Humboldt and will be sold online at
www.StorageAuctions.com.
Bidding begins September 12th,
2024 and ends September 25th,
2024 at 8AM.

Rudy Siebuhr, Space #6309

Items to be sold include, but are
not limited to:
Household furniture, office equip-
ment, household appliances, exer-
cise equipment, TVs, VCR, micro-
wave, bikes, books, misc. tools,
misc. camping equipment, misc.
stereo equip. misc. yard tools, misc.

sports equipment, misc. kids toys,
misc. fishing gear, misc. computer
components, and misc. boxes and
bags contents unknown.

Anyone interested in attending
Rainbow Self Storage auctions must
pre-qualify. For details call 707-443
-1451.
Purchases must be paid for at the
time of the sale in cash only. Online
Bidders will pay 10% with a card
online, and 90% in cash in the
office, plus a \$100 deposit. Online
Bidders will be required to sign in at
the time of cash payment. All pre-
qualified live Bidders must sign in at
4055 Broadway Eureka CA. prior to
9:00 A.M. on the day of the auction,
no exceptions. All purchased items
are sold as is, where is and must be
removed at time of sale. Sale is
subject to cancellation for any
reason whatsoever.
Auctioneer: Nicole Pettit, Employee
for Rainbow Self-Storage, 707-443-
1451, Bond # 40083246.

Dated this 12th day of September,
2024 and 19th day of September,
2024

9/12, 9/19/2024 (24-339)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00403

The following person is doing Busi-
ness as
**CRUZ CLEANING PROFESSIONAL
SERVICES**

Humboldt
294 Hillsdale St #C
Eureka, CA 95501

Juan C Cruz H
294 Hillsdale St #C
Eureka, CA 95501

The business is conducted by an
Individual
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on Not Applicable
I declare that all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the regis-
trant knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s Juan Cruz H, Owner
This July 19, 2024
JUAN P. CERVANTES
by sc, Humboldt County Clerk

8/29, 9/5, 9/12, 9/19//2024 (24-318)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00433

The following person is doing Busi-
ness as
CASCADIA SERVICES

Humboldt
1966 Simmons Rd
Eureka, CA 95503

Scott E Stewart
1966 Simmons Rd
Eureka, CA 95503

Rachel N Stewart
1966 Simmons Rd
Eureka, CA 95503

The business is conducted by a
Married Couple
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on July 17, 2024
I declare that all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the regis-
trant knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s Rachel Stewart, Owner
This August 5, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk

8/29, 9/5, 9/12, 9/19//2024 (24-319)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00448

The following person is doing Busi-
ness as
POCKET OF POSIES

Humboldt
4050 Broadway
Eureka, CA 95503

LeAnne M Williams
4050 Broadway
Eureka, CA 95503

The business is conducted by an
Individual
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on July 16, 2024
I declare that all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the regis-
trant knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s LeAnne M Williams, Owner
This August 15, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk

8/29, 9/5, 9/12, 9/19//2024 (24-320)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00454

The following person is doing Busi-
ness as
DIVERSE SUPPORT NETWORK

Humboldt
2237 3rd Street
Eureka, CA 95501

12324 East 86th St N Suite 251
Owasso, OK 74055
Tribal Support Network, Inc.
California 6322694
12324 East 86th St N Suite 251
Owasso, OK 74055

The business is conducted by a
Corporation
The date registrant commenced to
transact business under the ficti-

tious business name or name listed
above on August 9, 2024
I declare that all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the regis-
trant knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s Kyle Visser, President
This August 16, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk

8/29, 9/5, 9/12, 9/19//2024 (24-317)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00457

The following person is doing Busi-
ness as
**GOOSEBERRY GALLERY/
MAGENTA MOUNTAIN MAJESTY**

Humboldt
410 Railroad Avenue
Blue Lake, CA 95525

PO Box 1015
Blue Lake, CA 95525

Victoria L Timoteo
Mystical A/V Club LLC
CA 202462013164
410 Railroad Avenue
Blue Lake, CA 95525

The business is conducted by a
Limited Liability Company
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on July 30, 2024
I declare that all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the regis-
trant knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s Victoria Timoteo, CEO
This August 19, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk

9/12, 9/19, 9/26, 10/3/2024 (24-339)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00465

FICTITIOUS BUSINESS NAME
STATEMENT 24-00465
The following person is doing Busi-
ness as
**LOGAN'S GENERAL CONSTRUC-
TION**

Humboldt
1699 Campton Ln
Fortuna, CA 95540

Logan M Floyd
1699 Campton Ln
Fortuna, CA 95540

The business is conducted by an
Individual
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on Not Applicable
I declare that all information in this

CITY OF FORTUNA
NOTICE INVITING BIDS

- Bid Submission.** City of Fortuna ("City") will accept sealed bids for its Main Street Gateway Project ("Project"), by or before September 27th, 2024, at 2 pm., at Fortuna City Hall, located at 621 11th St, California, at which time the bids will be publicly opened and read aloud.
- Project Information.**
- Location and Description.** The Project is located at the North Main Street entrance/exit in Fortuna. The scope of the project includes the following per plans:
 - Demolition of curb, gutter, concrete, asphalt and exaction of native soil.
 - Haul and place compacted base and infill excavated soil with topsoil.
 - Reinstall six-inch curb.
 - Grind and inlay the northbound lane and patch pave gutter removal.
 - Install water lateral and irrigation system.
 - Implement Planting and Landscape plan.
 - Install/construct gateway sign, including a cast-in-place concrete base with rock veneer, and a custom fabricated metal sign panel.
- Time for Final Completion.** The Project must be fully completed within 20 working days from the start date set forth in the Notice to Proceed. City desires that the Work will begin on or about as soon as possible after contract award, which is anticipated in mid-October but the anticipated start date is provided solely for convenience and is neither certain nor binding. Project must be completed before December 13, 2024.
- License and Registration Requirements.**
- License.** This Project requires a valid California contractor's license for the following classification(s): Class A
- DIR Registration.** City may not accept a Bid Proposal from or enter into the Contract with a bidder, without proof that the bidder is registered with the California Department of Industrial Relations ("DIR") to perform public work pursuant to Labor Code § 1725.5, subject to limited legal exceptions.
- Contract Documents.** The plans, specifications, bid forms and contract documents for the Project, and any addenda thereto ("Contract Documents") may be downloaded from City's website located at:https://www.friendlyfortuna.com/your_government/public_works_notices.php. A printed copy of the Contract Documents is not available.
- Bid Security.** The Bid Proposal must be accompanied by bid security of ten percent of the maximum bid amount, in the form of a cashier's or certified check made payable to City, or a bid bond executed by a surety licensed to do business in the State of California on the Bid Bond form included with the Contract Documents. The bid security must guarantee that within ten days after City issues the Notice of Potential Award, the successful bidder will execute the Contract

- and submit the payment and performance bonds, insurance certificates and endorsements, valid Certificates of Reported Compliance as required under the California Air Resources Board's In-Use Off-Road Diesel-Fueled Fleets Regulation (13 CCR § 2449 et seq.) ("Off-Road Regulation"), if applicable, and any other submittals required by the Contract Documents and as specified in the Notice of Potential Award.
- Prevailing Wage Requirements.**
 - General.** Pursuant to California Labor Code § 1720 et seq., this Project is subject to the prevailing wage requirements applicable to the locality in which the Work is to be performed for each craft, classification or type of worker needed to perform the Work, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes.
 - Rates.** The prevailing rates are on file with the City and are available online at <http://www.dir.ca.gov/DLSR>. Each Contractor and Subcontractor must pay no less than the specified rates to all workers employed to work on the Project. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work must be at least time and one-half.
 - Compliance.** The Contract will be subject to compliance monitoring and enforcement by the DIR, under Labor Code § 1771.4.
 - Performance and Payment Bonds.** The successful bidder will be required to provide performance and payment bonds, each for 100% of the Contract Price, as further specified in the Contract Documents.
 - Substitution of Securities.** Substitution of appropriate securities in lieu of retention amounts from progress payments is permitted under Public Contract Code § 22300.
 - Subcontractor List.** Each Subcontractor must be registered with the DIR to perform work on public projects. Each bidder must submit a completed Subcontractor List form with its Bid Proposal, including the name, location of the place of business, California contractor license number, DIR registration number, and percentage of the Work to be performed (based on the base bid price) for each Subcontractor that will perform Work or service or fabricate or install Work for the prime contractor in excess of one-half of 1% of the bid price, using the Subcontractor List form included with the Contract Documents.
 - Instructions to Bidders.** All bidders should carefully review the Instructions to Bidders for more detailed information before submitting a Bid Proposal. The definitions provided in Article 1 of the General Conditions apply to all of the Contract Documents, as defined therein, including this Notice Inviting Bids.

Publication Date: September 12, 2024
END OF NOTICE INVITING BIDS

statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Logan M Floyd, Owner
This August 23, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/19, 9/26, 10/3, 10/10/2024 (24-354)

FICTITIOUS BUSINESS NAME STATEMENT 24-00467
The following person is doing Business as
PITTER PATTER DAYCARE

Humboldt
2900 Harris St
Eureka, CA 95501

**Cristino LLC
CA 202462614517
242 Higgins St
Eureka, CA 95503**

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Irisa Cristino, President
This August 23, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/5, 9/12, 9/19, 9/26/2024 (24-333)

FICTITIOUS BUSINESS NAME STATEMENT 24-00469
The following person is doing Business as
PINAR CONSTRUCTION COMPANY

Humboldt
3656 Old Arcata Rd Space 48
Eureka, CA 95503

**Brett N Pinar
3656 Old Arcata Rd Space 48
Eureka, CA 95503**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Brett N Pinar, Owner
This August 26, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
8/29, 9/5, 9/12, 9/19//2024 (24-324)

FICTITIOUS BUSINESS NAME STATEMENT 24-00471
The following person is doing Business as
TANDOORI BITES PIZZA

Humboldt
215 W 7th St
Eureka, CA 95501

**Tandoori Pizza House Inc
CA 6353907
1010 Fern Dr
Eureka, CA 95503**

The business is conducted by a Corporation
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Gurpreet Sohal, Chief Executive Officer
This August 26, 2024
JUAN P. CERVANTES
by sg, Humboldt County Clerk
9/12, 9/19, 9/26, 10/3/2024 (24-338)

FICTITIOUS BUSINESS NAME STATEMENT 24-00474
The following person is doing Business as
JOY MASSAGE

Humboldt
2192 Central Ave Suite A
McKinleyville, CA 95519

**Joy Massage Wellness LLC
CA 202463412619
2192 Central Ave Suite A
McKinleyville, CA 95519**

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Li Yun Zheng, CEO
This August 27, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/5, 9/12, 9/19, 9/26/2024 (24-332)

**LEGALS?
442-1400 x314**

FICTITIOUS BUSINESS NAME STATEMENT 24-00476
The following person is doing Business as
ISLAND STATE CONSTRUCTION

Humboldt
3489 Trinity St
Eureka, CA 95501

**Ewan H McLean
3489 Trinity St
Eureka, CA 95501**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Ewan McLean, Owner
This August 27, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/5, 9/12, 9/19, 9/26/2024 (24-331)

FICTITIOUS BUSINESS NAME STATEMENT 24-00479
The following person is doing Business as
MAY LIVING DESIGNS

Humboldt
1814 Harrison Ave
Eureka, CA 95501

**Kathryn LP Biesanz
1814 Harrison Ave
Eureka, CA 95501**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Kathryn LP Biesanz, Owner
This August 28, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/12, 9/19, 9/26, 10/3/2024 (24-337)

FICTITIOUS BUSINESS NAME STATEMENT 24-00481
The following person is doing Business as
COSMIC COMPLEXION

Humboldt
3880 G Street
Eureka, CA 95503

**Veronica B Barnard
3880 G Street
Eureka, CA 95503**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Veronica Barnard, Owner
This August 29, 2024
JUAN P. CERVANTES
by sc, Humboldt County Clerk
9/19, 9/26, 10/3, 10/10/2024 (24-350)

FICTITIOUS BUSINESS NAME STATEMENT 24-00483
The following person is doing Business as
NAKAI'S AUTOMOTIVE

Humboldt
220 Wiyot Dr
Loleta, CA 95551

**Nakai A Rios
220 Wiyot Dr
Loleta, CA 95551**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on August 26, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Nakai Rios, Owner
This August 30, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/19, 9/26, 10/3, 10/10/2024 (24-355)

FICTITIOUS BUSINESS NAME STATEMENT 24-00484
The following person is doing Business as
HOMELESS HELPERS

Humboldt
2085 Quaker St., Apt B
Eureka, CA 95501

**Randel J McHone
2082 Quaker St., Apt B
Eureka, CA 95501**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on August 14, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and

Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Randel McHone, Owner
This September 4, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/19, 9/26, 10/3, 10/10/2024 (24-349)

FICTITIOUS BUSINESS NAME STATEMENT 24-00488
The following person is doing Business as
HANDEE MARKET

Humboldt
3500 F Street
Eureka, CA 95503

**Sameen J LLC
CA 202462015280
3500 F Street
Eureka, CA 95503**

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Taranpreet Singh, Managing Member
This September 6, 2024
JUAN P. CERVANTES
by sg, Humboldt County Clerk
9/12, 9/19, 9/26, 10/3/2024 (24-346)

FICTITIOUS BUSINESS NAME STATEMENT 24-00491
The following person is doing Business as
THE CALIFORNIA POT COMPANY

Humboldt
3551 18th Street
Eureka, CA 95501

**The California Pot Company LLC
CA 202253719947
3551 18th Street
Eureka, CA 95501**

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on January 1, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s David Zdrasil, CEO
This September 9, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/12, 9/19, 9/26, 10/3/2024 (24-344)

FICTITIOUS BUSINESS NAME STATEMENT 24-00494
The following person is doing Business as
BETTY BAKES IN HUMBOLDT

Humboldt
2036 Irving Dr
Eureka, CA 95503

PO Box 724
Eureka, CA 95502

**Elizabeth E Stephens
2036 Irving Dr
Eureka, CA 95503**

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on September 3, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Elizabeth Stephens, Owner
This September 10, 2024
JUAN P. CERVANTES
by sc, Humboldt County Clerk
9/19, 9/26, 10/3, 10/10/2024 (24-348)

FICTITIOUS BUSINESS NAME STATEMENT 24-00501
The following person is doing Business as
LAUNCH COACHING LAB

Humboldt
6222 Humboldt Hill Rd
Eureka, CA 95503

**Edventures International Group, LLC
6222 Humboldt Hill Rd
Eureka, CA 95503**

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on September 20, 2023
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Sarah Ko-yung Lee, President
This September 11, 2024
JUAN P. CERVANTES
by JR, Humboldt County Clerk
9/19, 9/26, 10/3, 10/10/2024 (24-356)

FICTITIOUS BUSINESS NAME STATEMENT 24-00502
The following person is doing Business as
LOST COAST LOGISTICS

Humboldt
112 W 3rd St B-C-D-E-F
Eureka, CA 95501

112 W 3rd St
Eureka, CA 95501

Sisu Extraction, LLC
CA 201723710547
112 W 3rd St B-C-D-E-F
Eureka, CA 95501

The business is conducted by a Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on September 12, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Ryan Cox, Director of Supply Chain
This September 12, 2024
JUAN P. CERVANTES
by rp, Humboldt County Clerk

9/19, 9/26, 10/3, 10/10/2024 (24-353)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
FILE NO. 23-00667

The following person has abandoned the use of the fictitious business name LOST COAST LOGISTICS, LLC
Humboldt
112 W 3rd St
Eureka, CA 95501
The fictitious business name was filed in HUMBOLDT County on October 27, 2023
Sisu Extraction, LLC
CA 201723710547
112 W 3rd St
Eureka, CA 95501
This business was conducted by: A Limited Liability Company
/s/ Ryan Cox, Director of Supply Chain
This statement was filed with the HUMBOLDT County Clerk on the date September 12, 2024
I hereby certify that this copy is a true and correct copy of the original statement on file in my office
Juan P. Cervantes
by rp, Humboldt County Clerk

9/19, 9/26, 10/3, 10/10/2024 (24-352)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO. CV2401599
SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
AMANDA LYNN FREEMAN
for a decree changing names as follows:
Present name
ABIGALE ROSE PFEFFERLE
to Proposed Name
ABIGALE ROSE FREEMAN
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for

change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: October 7, 2024
Time: 8:30 a.m., Courtroom: 4, Room: 4
SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET EUREKA, CA 95501

To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.

Filed: August 26, 2024
/s/ Timothy A. Canning
Judge of the Superior Court

8/29, 9/5, 9/12, 9/19/2024 (24-329)

FICTITIOUS BUSINESS NAME STATEMENT 24-00509
The following person is doing Business as
LIGHTER LOAD

Humboldt
1850 Thelma Street
Fortuna, CA 95540

Brianna L Worden
1850 Thelma Street
Fortuna, CA 95540

The business is conducted by an Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Brianna L Worden, Owner
This September 17, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk

9/19, 9/26, 10/3, 10/10/2024 (24-357)

LEGALS?

County Public Notices

Fictitious Business

Petition to Administer Estate

Trustee Sale

Other Public Notices

classified@northcoastjournal.com

442-1400 x314

NOTICE OF PETITION TO ADMINISTER ESTATE OF RICHARD NYLANDER aka RICK NYLANDER
CASE NO. PR2400261

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of RICHARD NYLANDER aka RICK NYLANDER
A PETITION FOR PROBATE has been filed by Petitioner CINDY NYLANDER
In the Superior Court of California, County of Humboldt.
The petition for probate requests that CINDY NYLANDER be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)
The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 10, 2024 at 9:30 a.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 4, Room: 4

For information on how to appear remotely for your hearing, please visit <https://www.humboldt.courts.ca.gov/>

IF YOU OBJECT to the granting of the petition, you should appear at

the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner:
Jocelyn M. Godinho, Esq.
317 3rd Street, Suite 15
Eureka, CA 95501
(707) 242-7439
Filed: August 22, 2024
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

9/19, 9/26, 10/3/2024 (24-359)

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– FT Regular (\$19.54 - \$26.33 DOE)

HOUSING COORDINATOR (REVISED) - FT/
Regular (\$24.18 - \$35.90 per hour)

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Regular (\$60.39 - \$66.68 per hour)

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Regular (\$46.46 - \$51.98 per hour)

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(\$17.90-\$20.55 per hour)

MEDICAL BILLING SPECIALIST - FT/
Regular (\$17.90-\$24.25 per hour)

CHIEF FINANCIAL OFFICER - FT/
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– FT/Regular (\$20.44-26.81)

COMMUNITY HEALTH REPRESENTATIVE (CHR) – FT/Regular (\$19.54-26.33)

OUTREACH MANAGER/PUBLIC HEALTH NURSE
– FT/Regular (\$125K - \$138K) RN/PHN

FAMILY NURSE PRACTITIONER - FT/
Regular (\$133K-\$175K)

ACCOUNTING TECHNICIAN – FT/
Regular (\$19.54 - \$26.33 DOE)

HEALTH INFORMATION MANAGEMENT, MANAGER – FT/Regular (\$30.60 – \$35.49 DOE)

MEDICAL BILLING SPECIALIST – FT/
Regular (\$17.90-\$24.25 per hour DOE).

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(\$16.00 - \$18.00 DOE)

SENIOR RADIOLOGIC TECHNOLOGIST – FT/
Regular (\$35.59 - \$48.60 DOE)

COALITION COORDINATOR (BEHAVIORAL HEALTH) – FT/Regular (\$17.14 - \$20.01 per hour)

MEDICAL ASSISTANT – FT/Regular
(\$22.05 - \$25.25 per hour DOE)

DENTAL HYGIENIST – FT/Regular (\$39.00-43.00 DOE)

PHYSICIAN – FT/Regular (\$290K-\$330K)

MENTAL HEALTH CLINICIAN – FT/Regular
(DOE licensure and experience) LMFT,
LCSW, Psychologist, or Psychiatrist

DENTIST – FT/Regular (\$190K-\$240K)

All positions above are Open Until Filled,
unless otherwise stated.

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 OR call 530-625-4261 OR apply on our website: <https://www.kimaw.org/> for a copy of the job description and to complete an electronic application. Resume/CV are not accepted without a signed application.



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<https://a1aa.org/about-us/job-opportunities/>



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- Eel River Valley high school site lead
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- Cultural Youth Docent
- Climate Specialist



For application, job description and additional information contact Wiyot Tribe Human Resources at online at:

<https://www.wiyot.us/jobs.aspx>
or email
humanresources@wiyot.us

Resume's and CV's are not accepted without a signed application

Positions are open until filled



Respite Worker

PT/intermittent, \$16.81 per hour

Respite Specialist

PT/intermittent starts at \$17.52 per hour

Mental Health Rehabilitation Specialist

Part-time, starts @ \$24.56/hour

Benefits for full-time positions include paid vacation and sick leave, 14 paid holidays, 100% agency-paid, platinum-level health insurance, dental, vision, and life insurance, as well as a retirement plan with matching contributions and profit-sharing.

Please go to www.changingtidesfs.org for complete job description and application requirements. Position open until filled with a first review date of **August 15, 2024**. Submit complete application packets to Nanda Prato at Changing Tides Family Services, 2259 Myrtle Ave., Eureka, CA 95501 or via email to nprato@changingtidesfs.org.

www.changingtidesfs.org Hablamos español
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Deputy Director, Behavioral and Family Empowerment

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The Deputy Director, Behavioral and Family Empowerment is a senior-level management position that serves as a primary backup to the Executive Director in the management of Changing Tides Family Services programs, personnel, and operations. The Deputy Director plans, develops, and oversees implementation of a range of mental health and family support programs and supervises staff. Exercising considerable independent judgement, the Deputy Director will be expected to manage or personally conduct sensitive, difficult, and complex staff work.

The ideal candidate is an experienced professional with five years of full-time experience administering complex human service programs in a management capacity with budgetary responsibility above \$2,000,000. Increasingly responsible management of a nonprofit organization desirable. A typical way to obtain the knowledge and skills required for this position includes graduation from a four-year college or university with major course work in business or public administration (graduate degree preferred) or equivalent experience.

This full-time position starts at \$7,938.15 per month. Benefits include paid vacation and sick leave, 14 paid holidays, 100% agency-paid, platinum-level health insurance, dental, vision, and life insurance, as well as a retirement plan with matching contributions and profit-sharing.

Please go to www.changingtidesfs.org for complete job description and application requirements. Position open until filled with a first review date of **August 15, 2024**. Submit complete application packets to Nanda Prato at Changing Tides Family Services, 2259 Myrtle Ave., Eureka, CA 95501 or via email to nprato@changingtidesfs.org.

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Applications may be obtained at 675 Wildwood Avenue in Rio Dell, by calling (707)764-3532 or on the City's website. Positions are open until filled. The full job description is on the website.

www.cityofriodell.ca.gov



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- **Program Manager, fulltime**
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- **Weatherization Field Crew, f/t**
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- **Restoration Field Crew, fulltime**
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Tyla Miller
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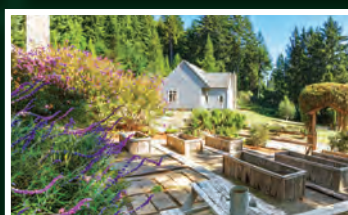


Zipporah Kilgore
Realtor
BRE #02188512
707.497.7859



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MLS



FEATURED LISTING!

3200 BUTTERMILK LANE, ARCATA
\$1,950,000

Nestled on a sprawling ±3 acre lot across from the picturesque Baywood Golf Course, this property offers two permitted homes totaling 5 bedrooms, 5 bathrooms, and 3,680 sq. ft.. The stunning French contemporary-style main home features 3 spacious bedrooms, 3.5 elegantly designed bathrooms, and a versatile loft space. The exterior is equally impressive, featuring a charming patio, raised planter beds flourishing with vibrant greenery and a variety of fruit trees, creating an idyllic garden setting. Complementing the main house is a delightful 2 bedroom, 1.5 bathroom guest house, ideal for accommodating visitors or as a separate residence.



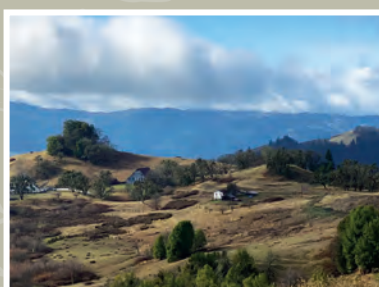
2947 CHERYL LANE, FORTUNA
\$457,000

Beautifully updated 3 bedroom, 2 bathroom home nestled at the end of a serene road in Fortuna. This charming residence boasts a spacious layout, and inviting living area that flows seamlessly into the dining room and modern kitchen, which features updated appliances and ample storage. Located at the end of the road, this home offers a perfect blend of tranquility and accessibility, making it an ideal anyone looking to enjoy the beauty of Fortuna living.



926 HOLMES FLAT ROAD, REDCREST
\$899,000

This beautiful Holmes Flat homestead farm is just minutes from the Avenue of the Giants and offers several uses: a permitted cannabis farm, a large produce farm utilizing the rich soil & sunny climate, the flat fully fenced AG-zoned portion for an equestrian property and ride your horses to the river or in your own grove of mature Redwoods that could also be harvested and borders the 52,000 acre Humboldt Redwoods State Park.



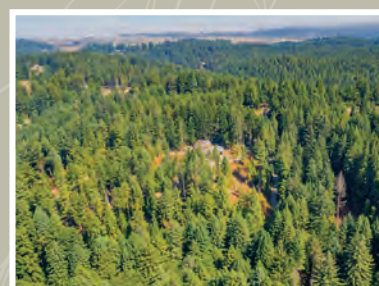
645 ZENIA BLUFF ROAD, ZENIA
\$550,000

Nestled on ±106 acres of picturesque landscape, this quintessential Northern California ranch offers endless possibilities and the charm of country living. With 2 separate houses in need of some repairs, there is plenty of room for multiple families, guests or caretakers. The main 2 story house features 4 beds, and 2 baths, additionally, there's an unfinished 1 bedroom house. Large barn, multiple outbuildings, plentiful water, and PG&E power add to the allure and convenience of this versatile property!



774 LARABEE CREEK ROAD, SHIVELY
\$599,000

Fantastic ±19.18 acre riverfront retreat featuring a 2/2 house, large shop, open meadow, mature orchard, redwood trees, boat and fishing access, and decommissioned train tracks running through the parcel! End of the road location with all the privacy you could ask for!



±6.9 ACRES MITCHELL ROAD, EUREKA
\$250,000

Redwood forest sanctuary totaling ±6.89 acres conveniently located just 5 minutes from Redwood Acres! Ready to build with community water available, PG&E to the property's edge, completed perc test, and building site located at the top of the property.



4580 COUNTY LINE CREEK ROAD, MAD RIVER
\$350,000

±40 Acres on County Line Creek Road with amazing access to the Mad River and National Trinity Forest. This property features a wonderful

3bed 2 bath custom home with walk in closets. This property also includes multiple outbuildings, a 20x40 ft garage, and an 8x22 ft shop. All buildings constructed with fire resistant concrete wonder board siding and metal roofs. Ag water supplied by a 250,000 gal rain catchment pond, separate domestic water source is a spring.

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humboldtlandman.com

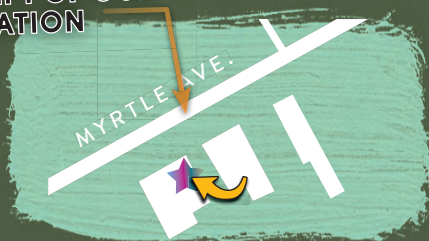


Before you bite into all those Burger Week burgers, visit Humboldt County Collective for quality cannabis products that will make the best burgers even better.

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HANGOVER BURGER**
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20-29
2024**



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SELFIE CONTEST!



Show us what you've got!

Literally, show us! Snap a photo of yourself with your burgers (preferably before you ingest them!) and post them to your social media using **#ncjburgerweek2024** or you can upload your photos directly to our online gallery at **ncjburgerweek.com**.

You are allowed to enter one selfie from each participating Burger Week location during NCJ Burger Week, Sept. 20-29. Winners will be chosen at random from submitted photos. The more burgers you eat, the more chances you have to win!

Visit ncjburgerweek.com to see all the participating restaurants and burgers.

The contest ends at noon, on Monday, Sept. 30. The winning photo will be printed in the Oct. 3 issue of the *North Coast Journal*.



Contest Ends Noon Monday, Sept. 30

Welcome to NCJ Burger Week!

Join us as we revel in our annual celebration of the hamburger. This year, 35 restaurants from Trinidad to Shelter Cove are participating in the revelry — topping patties with everything from candied jalapeños to schnitzel to bacon jam to pork belly — to offer up mind-boggling creations. Can a burger be made of fish? Lobster?

Sink your teeth into the debate.

So many burgers, so little time. Is it humanly possible to try them all? We super believe in you but accept no legal liability for your choices. (*Bites fry, salutes.)

NCJ Burger Week Pro Tips

Sometimes restaurants run out of burgers. #NCJBurgerWeek is going to be bigger and meatier than last year! That also means more fellow diners showing up and, because kitchens aren't staffed with genies and supplies are not infinite, a given restaurant could run out of its #NCJBurgerWeek burger toward the end of a shift. If that happens, know that we feel your pain and it's going to be OK. There's always a tomorrow when you can come back and order the burger we all want you to have. Don't let your hangry self get the better of you and remember that making and serving burgers is a noble calling. Be kind to those doing this important work.

Yes, you may have to wait. As mentioned above, folks are excited for #NCJBurgerWeek. Word about last year has spread and your favorite participating spot may go from sleepy to packed. Don't be surprised if you have to wait a little. Treat yourself to a beverage. Revel in the anticipation. And when your burger shows up in all its juicy glory, post about it on social media using #NCJBurgerWeek.

Not tipping makes you that customer. Don't be that customer. We all get caught up in the excitement of #NCJBurgerWeek. But don't lose your manners and remember the folks cooking and serving are handling more orders and delivering a gourmet burger during the frenzy that is #NCJBurgerWeek. Tip at least 20 percent and walk out with your head held high, making your parents and the NCJ team proud. Your patty purveyors will remember it when you come back.

You should get some fries and a drink, too. You're not required to buy anything else but can you really say you've had the full experience without some kind of fried side and a beverage? This is the perfect time to try out the fries, onion rings and other goodies our restaurant pals are dishing out while showing a little love to local businesses. Is there craft beer on the menu? Milkshakes? Go big or go home, burger fans.

You can keep up with the madness on Facebook and Instagram. #NCJBurgerWeek is on Facebook and Instagram. Follow us and get up-to-date info on everything #NCJBurgerWeek while you peruse the foodporn. And don't be shy — join the fun and share your own burger photos using #NCJBurgerWeek.



NCJBURGERWEEK.COM

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Point your phone here
for an online map
to guide your
burger quest:



FLAVORTOWN BURGER

Fresh ground beef patty with pepperjack cheese, catsup relish, mustard relish, lettuce, tomato, sliced tamed jalapeños, and Guy Fieri's Poppin' jalapeño sauce. Sides include fries, rings, half & half, sweet potato fries, soup or salad. Not too hot but definitely a trip to Flavortown!



AA Bar & Grill

929 Fourth St., Eureka, (707) 443-1632
aabarandgrill.net

Available Mon.-Fri., 11 a.m.-2 p.m.
Dine-in only.
Take-out is limited.

TOWERING HAYSTACK BURGER

Juicy ground beef, topped with Swiss cheese, bacon, barbecue sauce, avocado and haystack onion.



Adel's

1724 Broadway, Eureka, (707) 445-9777
Facebook @Adels-Restaurant-Eureka

Available 7 a.m.-9 p.m.
Dine-in, call-in, take-out welcome.

AUSSIE PUB SCHNITZEL BURGER

A hearty ½-pound beef patty paired with crispy chicken schnitzel, bacon and a fried egg, all smothered in our house-made Powers Creek beer cheese, crafted with the award-winning Powers Creek IPA. Served on a soft pretzel bun for the perfect finishing touch!



Alice's Restaurant at Blue Lake Casino

777 Casino Way, Blue Lake, (707) 668-9770 x2781
bluelakecasino.com

Available daily, 3-9 p.m.
Dine-in, call-in, take-out welcome.

EL JEFE

Humboldt Grassfed Beef patty stuffed with pepperjack cheese, topped with bacon, beer battered shishito peppers, lettuce, tomato, onion and zesty jalapeño ranch on a house cheddar bun. Served with a side or à la carte.



The Burger Joint

835 J St. Arcata, (707) 630-5144

Available
Mon. and Thu. 2-8 p.m., Fri.-Sun. Noon-8 p.m.
Dine-in, call-in, take-out welcome.

NEW BACON-INGS JAM BURGER

A jalapeño dijon stuffed burger topped with Quinton's house-made bacon jam, aioli, tomatoes, onions and fresh salad greens.



Cafe Marina & Woodley's Bar

601 Startare Drive, Eureka, (707) 443-2233
cafemarina.net

Available daily, Noon-8 p.m.
Dine-in only.

PORK BELLY CHILI VERDE BURGER

Hand-formed, char-broiled beef patty topped with house-made pork belly chili verde, pepperjack cheese, crispy fried onion tangles and cotija cheese crumbles on a toasted brioche bun with spicy mayo. Fresh burger vegetables on the side. Includes choice of handmade side.



Cap's Food Shack

Check social media for daily locations. (707) 798-7147
capsfoodshack.online

Available Tue.-Sat., Noon-8 p.m. Closed Mon. & Sun.
See our schedule on Facebook and Instagram.
Dine-in, call in, take-out welcome.
No substitutions please.



OUT N ABOUT DOUBLE W/CHEESE

Two patties, American cheese, lettuce, tomato, grilled onion, Thousand Island on a bun.



Arcata Pizza & Deli

1057 H St. Arcata, (707) 822-4650
arcatapizza.com

Sun.-Thu., 11 a.m.-11 p.m. Fri. & Sat. 11 a.m.-midnight

Dine-in, call-in, take-out welcome.

FIRST-CUT FISH AND CHIP SLIDERS

Two tempura-fried Pacific rockfish sliders topped with house-made tartar sauce and coleslaw served with fries.



Beau Pre Golf Course

1777 Norton Road, McKinleyville
(707) 839-2342

Available Mon.-Fri. 11 a.m.-2 p.m.

Dine-in, take-out welcome.

MUSHROOM BACON SWISS SMASH BURGER

A ¼-lb. beef patty smothered in baby portobellos, Swiss cheese, lettuce, tomato, onions, pickles, ketchup, mayo and mustard.



Bob's Footlongs

505 12th St., Fortuna, (707) 725-2016
bobsfootlongs.com

Available Mon.-Sat. 11 a.m.-8 p.m.

Dine-in, call-in, take-out welcome.

DOG HOUSE SMASH BURGER WITH COWBOY CANDY

Hand-formed, all-beef patty, grilled onions, house-made cowboy candy, special sauce, American cheese on a toasted sesame bun.



The Dog House

312 South Railroad Ave., Blue Lake, (707) 601-1302

Available

Tue.-Thu. 11 a.m.-4 p.m., Fri. 11 a.m.-6 p.m.

Dine-in, call-in, take-out welcome.

51/50 BURGER

This crazy flavorful burger is made using a 50/50 blend of savory sausage and certified organic Black Angus beef. Topped with bacon, melted pepperjack cheese, crispy fried onions, fried jalapeños and our house-made garlic aioli!



Eel River Brewing Company

1777 Alamar Way, Fortuna, (707) 725-2739
eelriverbrewing.com

Available daily, 11 a.m.-11 p.m.

Call-in orders, take-out welcome.

FALAFELOVERS BURGER

Crispy golden falafel patty in a house-made pita served with hummus, schug, pickles, local Bridgeville tomatoes, sumac onions, and feta with a side of sea salt and za'atar fries.



Falafelove

1125 King Salmon Ave., Eureka, (971) 678-7200
Instagram @Falafelove707

Available Thu.-Sun., Noon-6 p.m.

Dine-in, call-in, take-out welcome.

UP IN SMOKE

Eel River Organic grass-fed beef ground together with house-smoked tri-tip for a rich smokey flavor, and topped with local Rumiano smoked Gouda cheese, smoked jalapeño and onions, red leaf lettuce, a sunny side up egg, and of course, our sweet and spicy Sriracha-glazed bacon! Served on a ciabatta bun with smoked tomato aioli.



Fernbridge Cafe & Coffee Barn

623 Fernbridge Drive Fortuna,
(707) 786-3900

Available Thu.-Sun. 8:30 a.m.-2 p.m.

Dine-in, call-in, take-out welcome.

THE SMOKIN GOUDA BURGER

The team at Fresh Freeze created the Smokin Gouda Burger, which is topped with smoked Gouda, bacon, red onions, lettuce and tasty barbecue sauce.



Fresh Freeze Drive-In

3023 F St., Eureka, (707) 442-6967
freshfreezeeureka.com

Available 11 a.m.-9 p.m.

Dine-in, call-in, take-out welcome.

DUBLIN DOUBLE

A 1/3-pound fresh ground burger patty with cheddar, topped with our famous corned beef and Swiss cheese, with a generous helping of raw organic sauerkraut, and our house-made Thousand Island, with lettuce, tomatoes and red onion on a toasted brioche bun. Served with crispy fries.



Gallagher's Restaurant and Pub

1604 Fourth St., Eureka, (707) 442-1177
gallaghersirishpub.com

Available Tue.-Sat. 11 a.m.-8:30 p.m. Sun. 11 a.m.-4 p.m.

Dine-in, call in, take-out welcome.

DOUBLE STACK LOST COAST HANGOVER BURGER

Two juicy organic beef patties, Monterey jack and sharp cheddar, crispy bacon, a runny fried egg, smashed avocado, tangy pickled onions and our house-made Sriracha mayo, all on a toasted bun. Perfect with our Signature Bloody Mary launching this October!



Gypso Ale Mill

1661 Upper Pacific Drive, Shelter Cove
(707) 986-7700

Available

Mon.-Fri., 5-8 p.m., Sat.-Sun., 11 a.m.-8 p.m.

Dine-in, call-in, take-out welcome.

BACON RANCH CHEESEBURGER

With barbecue, lettuce, tomatoes, grass-fed beef, Swiss cheese, bacon and onions rings on burger bun.



Humboldt Bay Burgers

1679 Myrtle Ave., Eureka
(530) 716-0784

Available daily, 11 a.m.-7 p.m.

Find us on Facebook.

Call-in orders welcome.

SWEET DIABLO

Ground short rib beef, bacon, havarti cheese, crispy jalapeño and onions, topped with habanero honey mustard on a brioche bun.



Humboldt Brews

856 10th St., Arcata, (707) 826-2739
humbrews.com

Available Mon.-Fri. 4-9 p.m., Sat.-Sun. Noon-9 p.m.

Dine-in, call-in, take-out welcome.

Guy Fieri's FLAUORTOWN

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pickup, and discover more of what you love.



1/4 LB BURGER KIT

Quarter-pound beef patties, brioche buns, cheddar cheese, lettuce, tomato, onion and pickles.



The Jetty at Humboldt Bay Social Club
900 New Navy Base Road Samoa, (707) 382-1584
humboldtbausocialclub.com

Available Wed.-Fri. 4-8 p.m., Sat. and Sun. 2-8 p.m.
Dine-in only.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

COWBOY BURGER

Topped with crisp bacon, onion tangles, pepperjack cheese, barbecue sauce and Thousand Island dressing on a toasted hamburger bun.



Joe's Green Barn
2145 Central Ave., McKinleyville,
(707) 839-3417

Available daily, 7 a.m.-9 p.m.
Take-out welcome.

THE LOBSTER SMASH

Two ounces of Maine lobster claw meat lightly tossed in mayo, tarragon and chives. Topped with chopped bacon, a slice of tomato and coleslaw. Lightly smashed inside a bun on a flat top grill. A play on our traditional Maine lobster roll, served with a side of kettle chips.



Mainely Lobster
Instagram @mainely_lobster

Available
North Country Fair, Sat. and Sun. 10 a.m.-6 p.m.
Septentrio Winery, Thurs. 5:30-8:30 p.m.
Take-out welcome.

THE MARADONA

An Argentinian double smash burger! Two fresh ¼-pound patties, grilled and topped with house-made chimichurri sauce and melted provolone. Served on a grilled bun with garlic mayo, pickles, tomato and arugula.



Murphy's Markets

Trinidad: 1 Main St., Trinidad, (707) 677-3643
Cutten: 4020 Walnut Drive, Eureka, (707) 443-7388
Glendale: 1451 Glendale Drive, McKinleyville, (707) 822-1157
Sunny Brae: 785 Bayside Road, Arcata, (707) 822-7665
Westwood: 100 Alliance Road, Arcata, (707) 822-0411
murphysmarkets.net
Available daily, 7 a.m.-7 p.m.
Dine-in, call-in, take-out welcome.

BACON CHEESEBURGER

⅓-pound local hand-pressed beef patty with bacon, cheese, our world famous fry sauce on the top bun, and our mayo/mustard spread on the bottom bun. Topped off with sweet relish, diced onions, shredded lettuce and fresh, homegrown tomato. Optional to add for additional price: grilled onions, grilled jalapeños and barbecue sauce.



No Brand Burger Stand

1400 Main St., Ferndale, (707) 786-9474

Available
Mon.-Sat. 11 a.m.-4 p.m., Sun. 11 a.m.-3 p.m.
Dine-in, take-out, call-in orders welcome.

WHOLLY SHISHITO

Potato bun holding local grass-fed beef topped with blistered shishito peppers from Flora Organica, melted Tillamook cheddar, fresh tomatoes and lettuce from Green Spiral farms, red onion, dill pickle, homemade mayo, Gulden's mustard and fancy ketchup!



Papa Wheelies Pub

1584 Reasor Road, McKinleyville,
(707) 630-5084
papawheeliespub.com

Available Tues.-Sat. 4-10 p.m.
Dine-in, call-in, take-out welcome.

WESTERN CHEESEBURGER

Burger with crisp bacon, melted jack and cheddar cheeses, grilled onions, and our zesty barbecue sauce.



Pepper's

5000 Valley West Blvd., Arcata, (707) 826-0607

Available daily, 7 a.m.-9 p.m.
Dine-in, call-in, take-out welcome.

WESTERN CHEESEBURGER

Burger with crisp bacon, melted jack and cheddar cheeses, grilled onions, and our zesty barbecue sauce.



Pepper's

719 S. Fortuna Blvd., Fortuna, (707) 725-5580

Available daily, 7 a.m.-9 p.m.
Dine-in, call-in, take-out welcome.

PHAT SMASH BURGER

Our house smash burger with a Burger Week twist. Two fresh ground beef patties, a slice of white American and a slice of yellow American cheese, a fried avocado fan, fried Redwood Roots Farm jalapeño and an onion bacon jam on an oil top bun.



The Pub at The Creamery

824 L St. Ste. A, Arcata, (707) 630-5178
facebook.com/thepubatc

Available
Mon.-Thurs. 4-10p.m., Fri.-Sun. Noon-10p.m.
Dine-in only.

SURFSIDE CHORIZO SHOT

A 1/3-pound grass-fed beef patty, chorizo, mayo, lettuce, avocado, nacho cheese, grilled jalapeños, grilled onions and pepperjack cheese.



Surfside Burger Shack

445 5th St., Eureka, (707) 268-1295
facebook.com/surfsideburgershack

Available Mon.-Sat. 11 a.m.-7 p.m.
Dine-in, call-in, take-out welcome.

HATCH CHILE BURGER

We start with a half-pound of Foggy Bottoms Boys local ground beef, seasoned with our house spice blend, topped with Cypress Grove seasonal Hatch goat cheese, Luna Farms Anaheim chile, Foggy Bottoms Boys fried egg, Woody Rhyno Farms lettuce and Hatch chile aioli, spread on a grilled brioche bun. Served with our hand-punched French fries.



Trinidad Bay Eatery

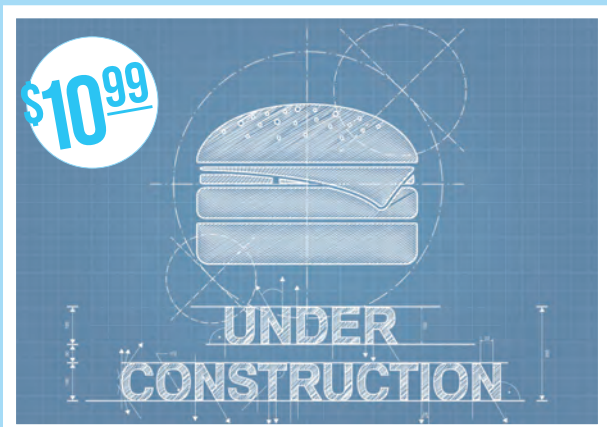
607 Parker St., Trinidad, (707) 677-3777
instagram.com/trinidadbayeatery

Enjoy during our lunch or dinner hours
Thu.-Mon. 11:30 a.m.-8 p.m., Tues. & Wed. Noon-6 p.m.
Dine-in, call-in orders welcome.

We recommend this burger be enjoyed by our guests on site so that you can enjoy all its goodness coming right off the grill but are happy to accommodate our locals for a phone-in order when possible.

HABANERO BACON JAM

Humboldt grass-fed beef, bacon, habanero jam, onion rings, pepperjack cheese, lettuce and tomato.



Vaqueros

American and Mexican Food

1934 Broadway, Eureka, (707) 630-2625
Find us on Facebook

Available daily, 11 a.m.-9 p.m.
Take-out welcome.

ZESTY BACON JAM BURGER

A 7-ounce beef patty on a rustic ciabatta bun with Swiss cheese, bacon jam, avocado, pickled onion, tomatoes and a garlic lemon aioli, grilled to order and served with chips or greens. Add sweet potato fries for \$3.



Ramone's Bakery & Café

2297 Harrison Ave., Eureka, (707) 442-1336
ramonesbakery.com

Available Mon.-Fri. 4:30-7:45 p.m.
Sat. 11 a.m.-2:45 p.m.

CHIMICHURRI BURGER

Homemade chimichurri topped on our grass-fed beef with melted pepperjack cheese, crispy hardwood bacon, lettuce, tomatoes, onions and a side of our famous beer battered fries with our homemade chimichurri ranch.



Roman's Kitchen

1301 D St., Arcata
(707) 407-9750

romanskitchen.com

Open for Burger Week
Daily, 11 a.m.-8:30 p.m.

Dine-in, call-in, take-out welcome.

TOTALLY FRIED

A 1/3-pound Eel River grass-fed beef patty topped with house-made fried pickles, fried Monterey jack cheese, fried onion strings and barbecue aioli on a buttery brioche roll with a side of our signature hop salted fries.



Six Rivers Brewery

1300 Central Ave., McKinleyville, (707) 839-7580
sixriversbrewery.com

Available Tues.-Sat. Noon-7:45 p.m.
Dine-in only, no substitutions.

AL PASTOR BURGER

Ground pork patty marinated in an al pastor marinade, topped with grilled pineapple, pepperjack cheese, tomatillo relish and a roasted jalapeño spread.



Vista Del Mar

91 Commercial St., Eureka, (707) 443-3770
Instagram @vistadelmarbar

Available daily, 11:30 a.m.-10 p.m.
Dine-in only.

THE REDWOOD BURGER

1/3-pound grilled beef patty, 1/4-pound chicken-fried steak, caramelized onions, herb-sautéed mushrooms, pepperjack cheese and roasted-garlic aioli on a ciabatta bun.



WildPlatter Cafe

747 13th St., Arcata
(707)822-0095 ext. 1125
wildberries.com/wildplatter-cafe

Available Mon.-Sat. 11 a.m.-7 p.m.
Call-in orders welcome.



TASTE THE DIFFERENCE

Lush, pristine pastures, fertile soils, cool summers, mild winters, and dedicated local family ranchers combine to make Humboldt County the ideal place for authentic grassfed beef. Cattle are raised without hormones or antibiotics while being allowed to graze naturally on perennial grasslands.

A dedication to stewardship of the land, cattle and the natural resources provided by the uniqueness of our climate ensures that beef provided by Humboldt Grassfed Beef is wholesome, healthy, and great tasting.

Humboldt County's long growing season is ideal for raising premium authentic grassfed beef, ensuring our

customers a fresh product year round.

At Humboldt Grassfed Beef we believe in gaining and maintaining the trust of our customers by providing healthy natural beef using local ranchers who share our values. Values like sustainable agricultural practices, humane handling, and a commitment to the local community.

Humboldt Grassfed Beef cattle come from ranches throughout Northern California from ranchers that have been stewards of the land and cattle for generations. Our partnership with these ranchers helps us to meet our goal of providing beef with the best flavor while being sensitive and respectful of our natural resources.

“Small family ranchers are an important part of Humboldt Grassfed Beef’s success. Our partnership with these generational ranchers and independent markets make our product a truly Northern California experience that our customers can be proud to serve to their families.”

- Lee Mora, Humboldt Grassfed Beef

HUMBOLDT
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GRASSFED

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LOCAL, HEALTHY, AUTHENTIC



PROUD SPONSOR OF NCJ BURGER WEEK